

Coach Checklist

Pre-Game Checklist

- 1 timer table (set up outside of substitution box – see diagram)
- 3 chairs for scorers
- Game items to Field (should contain the following)
 - 7 cones on field (see field diagram at bottom of page)
 - Scoreboard to table (if it is windy, then just leave folded up at table).
 - Water bottles to Team Area
 - First aid kit and player Emergency Information forms
 - Horns and game clocks (primary and back-up) to table.
- Goals to field -- make sure nets have no holes and repair with string if they do. (At YCSC goals near tree line)
- Balls to field – at least four on each end line, at far sideline, and at table
- Rosters on game table.
- Pick up any garbage around field.
- Head Coaches & Official must meet together
- Coaches present HRLax Certified Coaches Badge to home PA
- Review rules
- Players line-up at midfield for Officials instructions

Post-Game Checklist

- Post-Game Sportsmanship Handshake
 - Players & Coaches form single line
 - Helmets on
 - Gloves off (at least right hand glove)
 - Handshake like a gentleman
 - Respect & thank your opponent for playing game
- Remove game table and chairs
- Collect Team's Game Equipment:
 - Pick up the 7 cones from field
 - Scoreboard
 - Water Bottles
 - First aid box. Check to see what was used and make list to replace.
 - Horns and game clocks
- (at YCSC) Goals off field.
- Check tree lines and fence lines for balls
- Scorebook to Coach
- Pick up any garbage around field.

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