

Harvard Try Out/Jamboree

Spring 2012, Date: U12-Friday May 4th & U10-May 11th

U10: 60 Girls / 60 Boys Players

U12: 60 Girls / 60 Boys Players

(all numbers are approximate)

Time: 2 – 2 ½ Hours

Time of Sessions

4.45pm – 5.15pm: Check in / Warm-up,
Meet in Assigned Group

5.15pm – 5:35pm: Station 1

5:35pm – 5:55pm: Station 2

5:55pm - 6:15pm: Station 3

6:15pm – 6:35pm: Station 4

6:35pm – 6:55pm: Station 5

Players should warm up prior to start

Number of Challenger Evaluators

Each and every night there shall be:

2 Regional Director (RD): from Challenger Sports to supervise

8 Challenger Evaluators: club trainers, staff coaches to perform the evaluations

Four Challenger evaluators will be assigned to each group as follows

4 Challenger evaluators for GU10 (stations 1-4)

4 Challenger evaluators for BU10 (stations 1-4)

5 Challenger evaluators for GU12 (stations 1-4)

5 Challenger evaluators for BU12 (stations 1-4)

The 5th evaluator for U12s is to provide 2 evaluators for the 6v6 scrimmage.

1v1 Attacking/ Defending

Area: 20 yards by 12 yards

Assess:

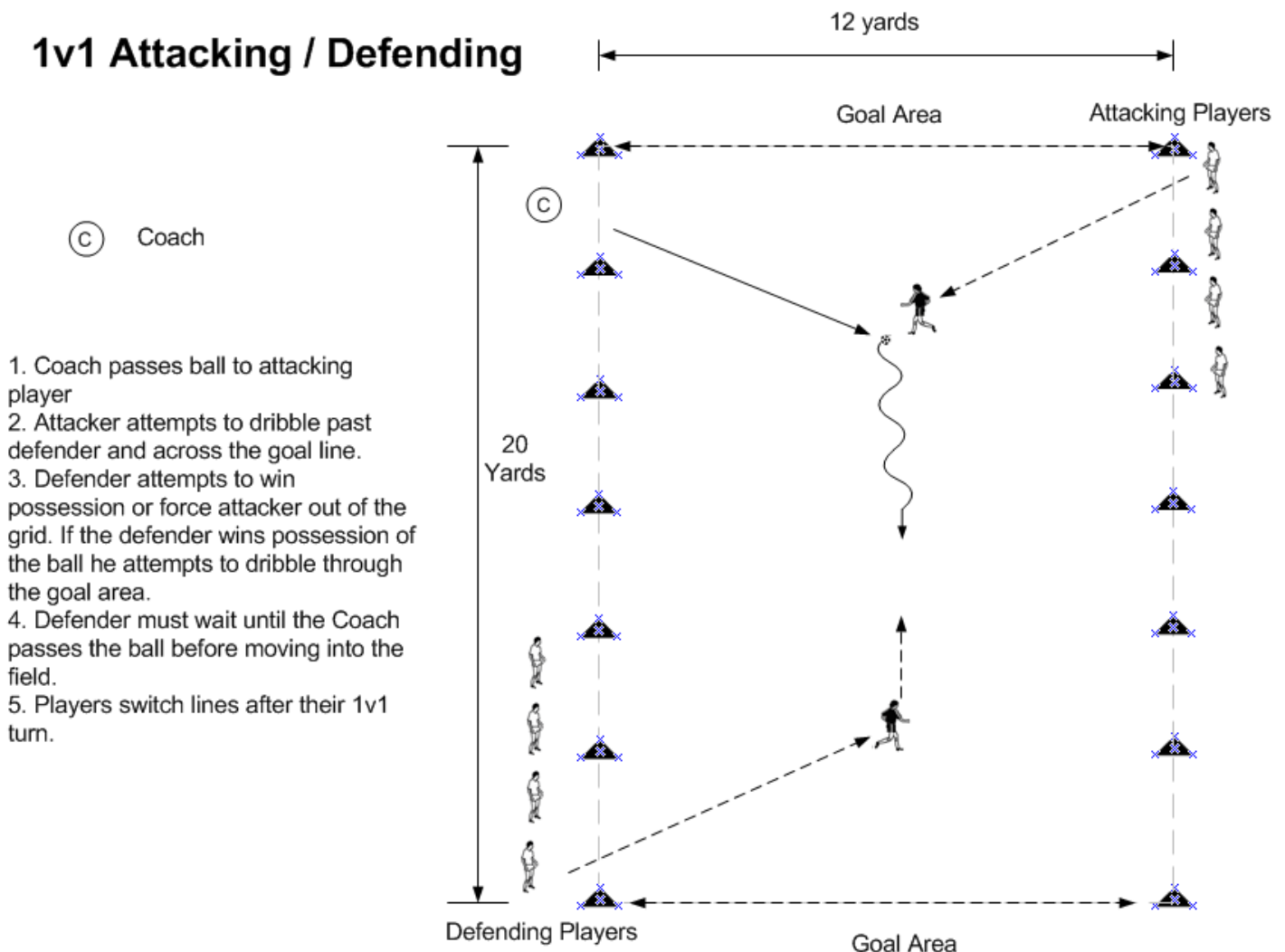
Offense:

- Speed of play
- Use of all parts of the foot
- Use of fakes – change of direction/change of speed

Defense:

- Close down the attacker
- Proper stance
- Patience until right moment to win the ball or force out of bounds

1v1 Attacking / Defending



Shooting

Area: U10: 12 yards, U12: 18 yards

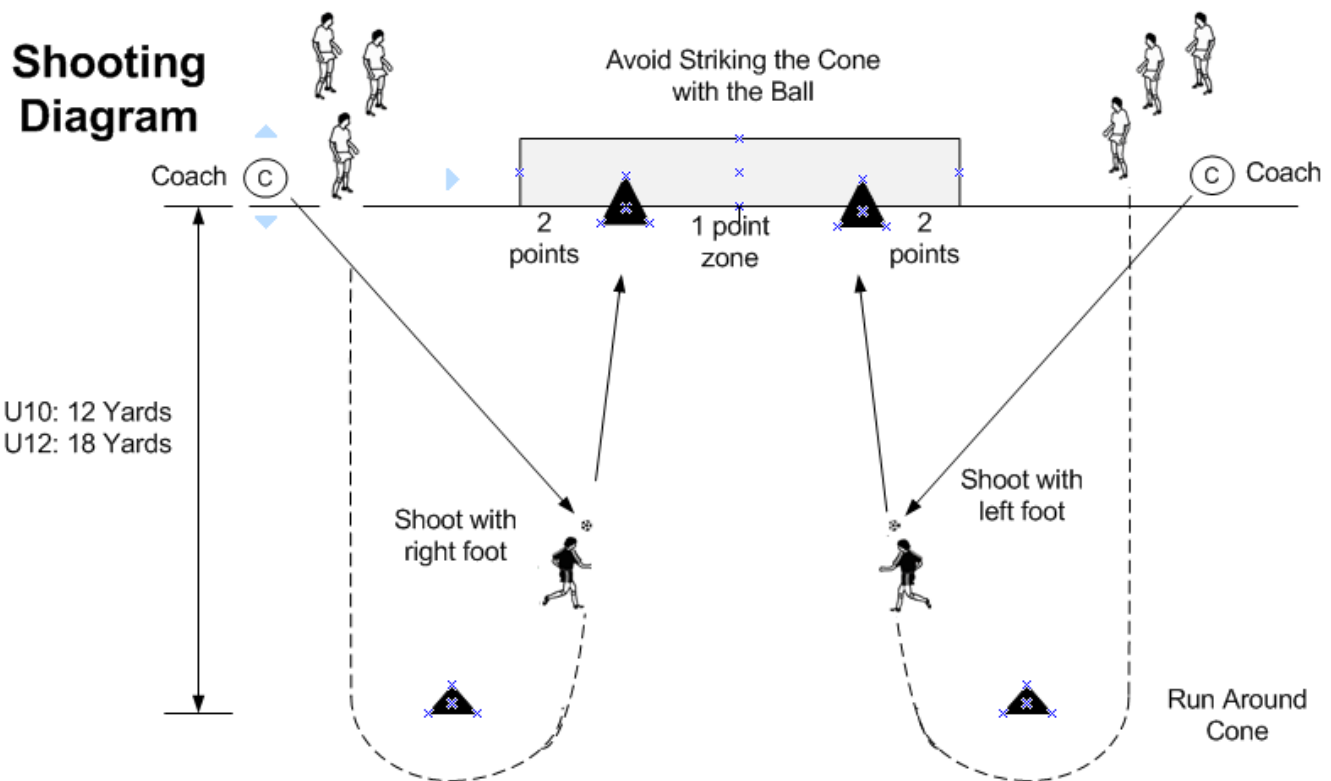
Assess:

Run to the Ball

- Moves quickly to the ball
- Turn at pace
- Strong on the ball with both feet

Finishing:

- Strikes the ball with their laces
- Strikes the ball with the power
- Strikes for bottom/top corners



Players form two lines on the end line, each have a ball. The first player in line runs out and around the cone. As soon as that player starts their run the coach passes the ball out in front of the goal. The 1st player runs to the ball, takes one or two touches, then shoots with right foot, trying to avoid hitting the cone in the middle of the goal. Player retrieves the ball and switches lines where they next strike the ball with the left foot. Indicate to the players that they should keep track of their score, 2 pts. for strikes into the outside areas, 1 pt. for in the middle, 0 pts. for missing the goal. Points are for fun and are not recorded by the evaluators.

Scrimmage Station

Description: Players play a small sided game

Players and field: U10 = 4v4 (Area: 30y x 25y) U12 = 6v6 (Area: 40y x 30y)

Time: 20 minutes

After 5min change offense and defense. After 5min again, change teams round.

Assess: Team and individual skills under pressure.

Criteria:

Are the players involved in the game?

Do they take up a natural position e.g. out wide, attack, defense?

Do they make the right decision e.g. pass, shoot, dribble at the right time?

Do they communicate with other players?

Are they aggressive in their play?

Do they help team mates by encouraging them?

Do they show talent during the game in how they play?

Scrimmage Diagram

U10 = 4v4 (Area: 30y x 25y) U12 = 6v6 (Area: 40y x 30y)

