



Challenger Sports coaching staff have spent the past 20 years developing players, coaches and soccer club systems throughout the USA, Canada, Britain and Australia. That knowledge and experience is now available to all coaches, administrators, parents and players through a state of the industry soccer web site that simply is called... **The Challenger Way**.

The Challenger Way is a complete soccer resource providing a comprehensive collection of video, pdf and on screen information for just about every part of the game. We have selected hundreds of practices for you to review, print out and use in your next coaching session and new content is being added every month.

THE Challenger Way
Your Complete Soccer Coaching Resource

CATEGORIES

- Coaching
- Methodology
- Communication
- Recreation
- Progression
- Team Practices
- Warm-Ups
- Shooting
- Passing and Control
 - Square Passing
 - Pass & Run
 - Pairs Passing
 - Heading
 - Small-Sided Games
 - Dribbling
 - Defending
 - Fun Games (4-7 yrs)
- Individual Practices
- Tactics
- Fitness
- Laws of the Game
- Club Resources

Square Passing

Organization:
Four players stand at the corner of a 10-15 yard square grid. Player one begins by passing anti-clockwise to Player Two who must control the ball and pass it to Player Three. Player Three controls and continues the sequence. The players must remain on their toes throughout the practice.

Progression:
1) Reverse the direction and pass the ball with the other foot.
2) Add a second ball at the opposite diagonal corner to the first ball.
3) Pass both balls and immediately change the direction of passing on command.

Coaching Points:
Absorb the impact of the pass changing the direction of the ball 90 degrees as you control it.
Begin by using the inside of the foot.
Reach across the body with the opposite leg and use the outside of the other foot.
Try allowing the ball to roll across in front of you and use the inside of the foot furthest away from the passer.

QUICK SEARCH
Passing and Control

NEW CONTENT
Square Passing
Pass & Run
Pairs Passing
Passing
Control

ARCHIVED CONTENT
April 2009
January 2009

LINKS
FIFA
MLS Professional Soccer
Soccer Camps
US Soccer

- Warm ups
- Cool downs
- Individual skills
- Fun games for younger players
- Passing
- Dribbling
- Shooting
- Heading
- Small sided games
- Tactics
- Formations
- Nutrition
- Fitness training
- Strength training
- Team Management
- Laws of the game

The Challenger Way is an extremely valuable resource to coaches of all ages and levels. Whether you are new to the game or are an experienced coach looking for new ideas, you will find tried and trusted content that will immediately help your next practice!

The site will also provide extremely useful and easy to find information, standard forms and tips for team managers and club administrators. Whether you need help with evaluating players, setting team guidelines or running a large club, **The Challenger Way** will contain information that can help you.



Use the link below to go to the challenger way web site:

<https://www.thechallengerway.com/>

Now you can issue all your coaches with the promo code (below) , which they will enter when promoted (you will see the fee amount show as zero):

CODE: TGRI

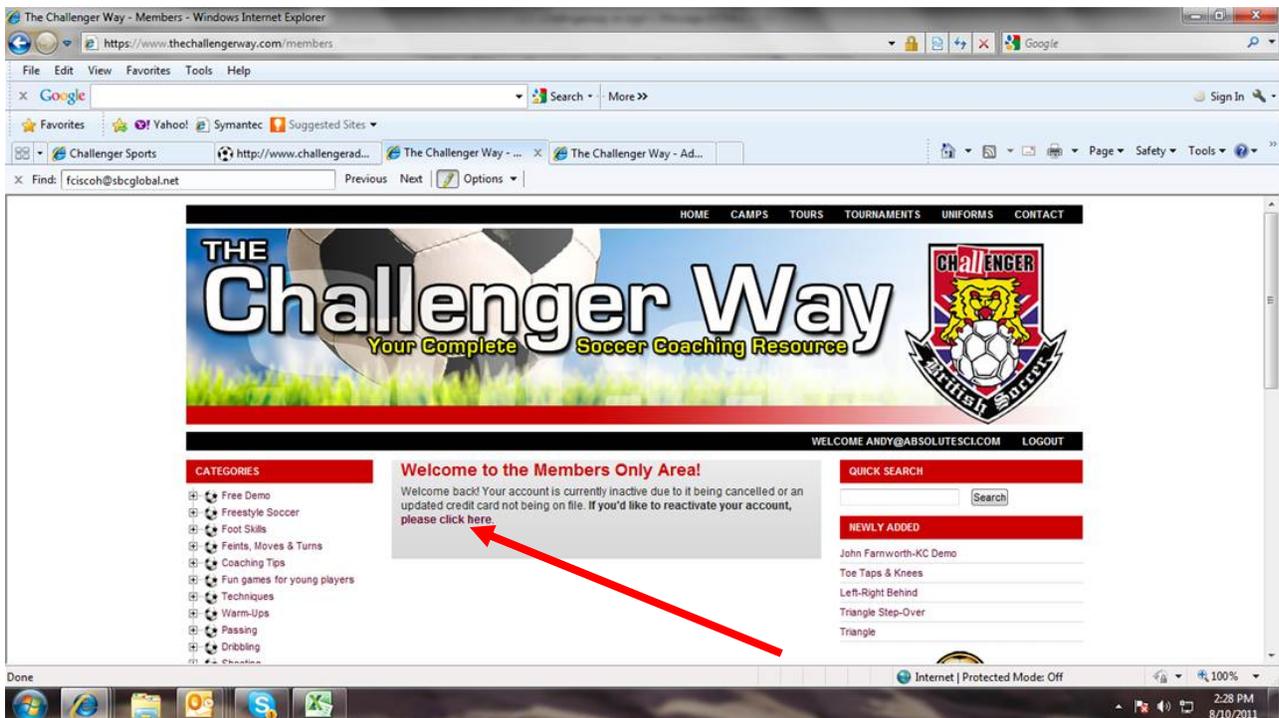
They will then follow the simple steps to gain full access.

For coaches who already have a user name and password, that expires they can follow the steps below.

To renew their subscription, here is what they should do.

Go to the log in page as normal and enter their email and password. (If they have forgot the password they should use the forgotten password link.)

If their membership has expired they will be shown the following message.



To reactivate their account, all they need do is click on the link and then enter in their details and the appropriate code they have been given.