

2016 CONNY Rules Exception – Quick Reference Guide

	Bantam (U-9)	Lightning(U-11)	Junior (U-13)	Senior (U-15)
Crosse Lengths				
Short	37" - 42"	37" - 42"	40" - 42" (NFHS)	40" - 42" (NFHS)
Long	None	47" - 54" (USL)	52" - 72" (NFHS)	52" - 72" (NFHS)
Goalie	37" - 72" (USL)	37" - 72" (USL)	40" - 72" (NFHS)	40" - 72" (NFHS)
# of Poles	None	3	4	4
Arm/Elbow Pads/Cup	<===== Required for all (including Goalies) (USL) =====>			
Shooting Strings (New in 2016)	<===== (CONNY) Enforced as a 1 min Non-releasable (stick can be repaired) =====>			
NOCSAE Game Balls	No NOCSAE Ball = NO GAME -or- GAME SUSPENDED - record score and report to CONNY			
Game Lengths	4 X 12 Mins-running (or 8 stop)	4 x 8 Mins -stop (or 12 running)	4 X 10 Mins stop	4 X 10 Mins stop
Overtime (Reg Season ONLY)	None	None	(USL) 2 x 4min (Tie after 2 OTs)	(NFHS) 4min (Until winner is determined)
Face-off Mercy Rule	<==== 6 or more goal diff at any time - award if coach wants (not at start of QTR) =====>			
Time Outs	<===== 3 nonconsecutive per half (CONNY) =====>			
Side-Line & End Line Horns (End Line: Reg. Season ONLY)	<===== Permitted (CONNY) =====>			
Advancing the Ball (CONNY Stalling Rule)	In either defensive zone or the offensive zone outside the goal area give a verbal "advance the ball" followed by a visual 5 sec hand count. If no attempt to advance to within five yards of an opposing player, stalling will be called and a turnover will occur, with restart at the point of the stalling or laterally outside the goal area.			
Counts (no 20 & 10 counts)	<===== (Goalie - 4 Sec crease count ONLY) =====>			
Final 2 Minutes	n/a	n/a	"Get it in/Keep it In"	"Get it in/Keep it In"
Over & Back (CONNY)	n/a	n/a	In effect	In effect
Stick Checks/Slashing	Poke ONLY	USL (no one-handers)	USL (no one-handers)	USL (no one-handers)
Body Checking STRESS: Blind side and 3-Yard Rule [2-3 min NR]	Not permitted	Not permitted	NFHS (but 3 yd rule) (USL Point of emphasis)	NFHS (but 3 yd rule) (USL Point of emphasis)
Penalty Enforcement	Player serves penalty, but is replaced; no EMO.	NFHS	NFHS	NFHS
Penalties On Goalkeeper	The in-home may serve a goalkeeper's penalties, except for Unsportsmanlike Conduct or a penalty or combination of sequentially served penalties totaling two or more minutes. If a dressed goalkeeper is not available, reasonable time to dress one shall be afforded, in addition to the one-minute delay for his warm-up allowed.			
Fouling Out	4 PFs OR 5mins in PF Time	4 PFs OR 5mins in PF Time	4 PFs OR 5mins in PF Time	4 PFs OR 5mins in PF Time

References: NFHS 2016Boys Lacrosse Rules Book modified by US Lacrosse - 2016Rules for Boys Youth Lacrosse and CONNY 2016 Boys Rules of Play
If a rule is not modified by CONNY then follow US Lacrosse Boys Youth Rules....and if no modification there...then follow NFHS.

CONNYS LACROSSE
2016 BOYS RULES of PLAY

The NFHS 2016 Boys Lacrosse Rules Book, as modified by the US Lacrosse 2016 Rules for Boys Youth Lacrosse, shall govern play, except as herein amended.

- RULE 1-2 THE FIELD** - CONNY modifies Article 7 of this rule to specify that the Table Area shall extend five (5) yards either side of the center line, rather than 10 yards. *NOTE: this modification facilitates CONNY's retention of "horn substitution" under Rule 4-21, Article 2.*
- RULE 1-6 CROSSE-DIMENSIONS & RULE 5-5 ILLEGAL CROSSE** – SEE CHART ON QUICK REFERENCE GUIDE
- RULE 1-12 GAME ADMINISTRATION—SIDELINE MANAGERS** CONNY strongly encourages, but does not require, that teams provide trained Sideline Managers as described in US Lacrosse Boys Youth Rule 1-12.
- RULE 1-13 OFFICIALS' CERTIFICATION (CONNY Rule)** Before the start of the game, the referee shall certify to both head coaches that s/he understands and will enforce the NFHS 2016 Boys Lacrosse Rules as modified by the 2016 U.S. Lacrosse Boys Youth Rules and these CONNY 2016 Boys Rules of Play.
- RULE 3-1 LENGTH OF GAME** - Article 2 (the 12-goal running time mercy rule) shall *not* apply to CONNY play.
- RULE 3-4 SUDDEN VICTORY OVERTIME** For CONNY Tournaments play only, the US Lacrosse Boys Youth Rules changes to RULE 3-1 that modify NFHS RULE 3-4 will not apply to CONNY Tournaments games; i.e., *NFHS Sudden Victory overtime rules will apply in U15, U13, and U11 CONNY Tournaments games.*
- RULE 3-3 FINAL TWO MINUTES OF REGULATION PLAY**
- RULE 4-31 GET IT IN/KEEP IT IN** - SEE QUICK REFERENCE GUIDE
- RULE 6-10 STALLING** CONNY will not enforce NFHS RULES 3-3, 4-31, or 6-10 in U11 and U9 play. NFHS RULES 3-3, 4-31, and 6-10 are in effect for U15 and U13 play. (i.e. Final two minutes - "GIKI")
- RULE 4-13 & 14 ADVANCING THE BALL** CONNY will not enforce RULE 4-13, **Advancing the Ball Beyond the Center Line**, and RULE 4-14, **Advancing the Ball into Goal Area**, at any age level. **CONNY STALLING RULE:** – SEE QUICK REFERENCE GUIDE
- RULE 4-14.3 New "OVER & BACK" Rule** CONNY will not enforce RULE 4-14-3 in U-9 and U-11 play.
- RULE 4-3 FACING OFF** For CONNY regular season league play, replace US Lacrosse modification with CONNY "Article 7" to this rule, which shall apply to all age levels: Article 7, Any time the goal differential reaches six (6) or more goals, in lieu of a face-off after a score (but not at the start of a quarter), the trailing team will be awarded possession of the ball at the center of the field, unless the head coach of the trailing team elects to continue facing off. *(In CONNY Tournament games NFHS RULE 4-3 will apply without modification at all age levels. except that NFHS Rule 4-3 Article 3.n, requiring contrasting color tape on the handle of the crosse of any player taking a faceoff, will not be enforced)*
- RULE 4-21 SUBSTITUTION PROCEDURES (Horn substitution allowed on side line and end line out-of-bounds stoppages.)**
CONNY modifies Article 2 of this rule to authorize substitutions when the officials have suspended play after the ball has gone out of bounds on the sidelines or end lines. For such substitutions, the timer shall sound a horn upon the request of a coach indicating to the officials that a substitution is desired. All other rules with respect to substitutions during suspension of play shall apply.
(For CONNY Tournament games such "horn substitutions" are not allowed after the ball has gone out of bounds on the end lines.)
- RULE 4-25 TEAM TIMEOUTS** Change this rule to permit three (3) nonconsecutive team timeouts each half. *(This change from NFHS RULE 4-25.4 will not apply to CONNY Tournament games ... only two timeouts permitted per half.)*
- RULE 5-7 SLASHING** Articles 1-3 are unchanged. *Note US Lacrosse Boys Youth Rules now prohibit one-handed checks at all age levels, including U15.* Add CONNY "Article 4." Slashing includes the following actions: Article 4, At the U9 Bantam level only, any check other than a poke check. The only legal stick check in U9 play is a poke check to the opponent's crosse or gloved hand on his crosse. Any other stick check is a slash. **NO EXCEPTIONS.**
- Rule 7-1.e TIME SERVING PENALTIES ON GOALKEEPER** The in-home may serve a goalkeeper's penalties, except for Unsportsmanlike Conduct or a penalty or combination of sequentially served penalties totaling two or more minutes of penalty time. If a dressed goalkeeper is not available, reasonable time to dress one shall be afforded, in addition to the one-minute delay for his warm-up allowed by NFHS Rule 7-1.e.

NFHS GUIDELINES:

Guidelines in the NFHS 2016 Boys Lacrosse Rules Book for managing concussion; hygiene, skin infection, and communicable disease (including bleeding); and lightning and thunder incidents have the force of rules in CONNY play. (See Appendix B, D and E in NFHS Rule Book)