

# CONNYLACROSSE

## 2016 BOYS RULES of PLAY SUPPLEMENT

*The NFHS 2016 Boys Lacrosse Rules Book, as modified by the US Lacrosse 2016 Rules for Boys Youth Lacrosse, shall govern play, except as herein amended.*

### RESPONSIBILITIES OF THE HOME TEAM

- a. The home team has the responsibility to provide two certified US Lacrosse; Connecticut, New York, or Massachusetts high school; or college officials at each CONNY U15, U13, and U11 game. (CONN Y urges, but does not require, use of certified officials for U9 games.) If one of the two assigned certified officials is late or does not appear for a game, and both head coaches agree, the game still may be started and played with one certified official. In the event that no certified officials are available, the head coaches of the teams scheduled to play may agree on non-certified officials such as high school coaches in the states of Connecticut, New York, or Massachusetts, or other qualified persons. Each team shall select one official. In the event both teams elect to play without certified officials, the game will be a binding league game. NOTE: If both teams do not agree to play without certified officials, or with only one, failure to provide the required certified official(s) is not grounds for a forfeit; member programs should make every effort to reschedule the game.
- b. Junior Officials: High school students aged 16 and older may serve as officials provided they (1) complete a US Lacrosse or CONNY-approved apprentice officials clinic, (2) pass the 2016 CONNY Boys Online Rules Test, and (3) are properly equipped. Such Junior Officials may officiate U11 and U9 games, and may also serve as officials for CONNY U15 or U13 games, especially as a third official, so long as they work with certified adult officials. *Under no circumstances will high school students under age 18 be the only officials working a CONNY U15 or U13 game.*
- c. Unless both head coaches agree otherwise before the game, no game official may be a parent or sibling of a player or coach in the contest, even if that parent or sibling is in other respects qualified (e.g., is a certified official).

### US LACROSSE AGE AND ELIGIBILITY GUIDELINES

CONN Y Regulations further require that U15 players be students in the eighth grade or lower.

### U9 PHILOSOPHY

U9 play shall be instructional and non-competitive. Therefore, CONNY discourages formation of U9 “travel teams” and permits no recording or publication of scores, no standings, and no post-season tournament leading to a championship at the U9 level. In order to maximize each player’s touches and participation in the play of the game, CONNY advocates that U9 contests be short squad (e.g., 7-on-7) on short fields whenever possible. Teams within a program should be balanced as evenly as possible in terms of age; size; physical, cognitive, and emotional maturity; and ability.

### RULE 1-2 THE FIELD

CONN Y modifies Article 7 of this rule to specify that the Table Area shall extend five (5) yards either side of the center line, rather than 10 yards. *NOTE: this modification facilitates CONNY’s retention of “horn substitution” under Rule 4-21, Article 2.*

### RULE 1-6 CROSSE-DIMENSIONS

### RULE 2-1 NUMBER AND DESIGNATION OF PLAYERS

### RULE 5-5 ILLEGAL CROSSE

All US Lacrosse Rules for Boys Youth Lacrosse modifications to NFHS crosse rules are in effect, except that in U11 play only, a team may have a maximum of three players using long crosses, not counting the goalkeeper’s crosse, in the game at any time. (See Age Eligibility & Crosse Length Quick Reference Guide below.)

**CONN Y 2016 Age Eligibility & Crosse Length Quick Reference Guide**

CONN Y Division	Date of Birth	US Lacrosse Age Group*	Typical Grade Equivalent	Applicable US Lacrosse Youth Rules	Regular Crosse Length	Long Crosse Length	Permitted Long Crosses
<b>U15</b>	Born 9/1/2000 through 8/31/2001	15U	9 <sup>th</sup> & Old 8 <sup>th</sup>	<b>U15 Rules</b>	40" - 42"	52" - 72"	4
	Born 9/1/2001 through 8/31/2002	14U	8 <sup>th</sup>				
<b>U13</b>	Born 9/1/2002 through 8/31/2003	13U	7 <sup>th</sup>	<b>U13 Rules</b>	40" - 42"	52" - 72"	4
	Born 6/1/2003 through 8/31/2004	12U	6 <sup>th</sup>				
<b>U11</b>	Born 9/1/2004 through 8/31/2005	11U	5 <sup>th</sup>	<b>U11 Rules</b>	37" – 42"	47" - 54"	3
	Born 6/1/2005 through 8/31/2006	10U	4 <sup>th</sup>				
<b>U9</b>	Born 9/1/2006 or later	9U and Younger	3 <sup>rd</sup> . Etc.	<b>U9 Rules</b>	37" - 42"	NA	0

US Lacrosse and CONNY strongly recommend single grade or birth-year teams as the best practical way to group together players of similar physical, cognitive, and emotional maturity. However, if a program chooses to group two grades or birth-years together on a team it should strive during scheduling to limit the maximum age difference between players in a game to no more than twenty-four (24) months.

\* New US Lacrosse nomenclature. Age Group reflects the maximum age of a player during the playing year. For example, 14U means “14 & Under” and that only players aged 14 years and younger are eligible for that group.

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### RULE 1-7.3 CROSSE CONSTRUCTION

#### RULE 1-8 CROSSE PROHIBITIONS

CONNYP modifies these rules to reduce the penalty for shooting string and side string violations to a 1-minute non-releasable penalty at all age levels. The crosse may be returned to play once corrected (treated the same as “deep pocket”).

### RULE 1-13 OFFICIALS’ CERTIFICATION (CONNYP Rule)

Before the start of the game, the referee shall certify to both head coaches that s/he understands and will enforce the NFHS 2016 Boys Lacrosse Rules as modified by the 2016 U.S. Lacrosse Boys Youth Rules and these CONNYP 2016 Boys Rules of Play.

### RULE 3-1 LENGTH OF GAME

#### RULE 3-4 SUDDEN VICTORY OVERTIME

NFHS RULE 3-1, ARTICLE 2 (the 12-goal running time mercy rule) shall *not* apply to CONNYP play.

*For CONNYP Tournaments play only, the US Lacrosse Boys Youth Rules changes to RULE 3-1 that modify NFHS RULE 3-4 will not apply to CONNYP Tournaments games; i.e., NFHS Sudden Victory overtime rules will apply in U15, U13, and U11 CONNYP Tournaments games.*

### RULE 4-3 FACING OFF

For CONNYP regular season league play, replace US Lacrosse modification with CONNYP “Article 4” to this rule, which shall apply to all age levels:

Article 4, Any time the goal differential reaches six (6) or more goals, in lieu of a face-off after a score (but not at the start of a quarter), the trailing team will be awarded possession of the ball at the center of the field, unless the head coach of the trailing team elects to continue facing off.

*(In CONNYP Tournament games NFHS RULE 4-3 will apply at all age levels, except that NFHS Rule 4-3 Article 3.n, requiring contrasting color tape on the handle of the crosse of any player taking a faceoff, will not be enforced.)*

### RULE 3-3 FINAL TWO MINUTES OF REGULATION PLAY

#### RULE 4-31 GET IT IN/KEEP IT IN

#### RULE 6-10 STALLING

NFHS RULES 3-3, 4-31, and 6-10 shall apply in U15 and U13 play, but *not* in U11 and U9 play.

### RULE 4-13 & 14 ADVANCING THE BALL

NFHS RULE 4-13, **Advancing the Ball Beyond the Center Line**, and RULE 4-14, **Advancing the Ball into Goal Area**, shall *not* apply to CONNYP play at any age level.

### RULE 4-14-3 “OVER & BACK”

NFHS RULE 4-14, ARTICLE 3 (the Over & Back rule) shall apply in U15 and U13 play, but *not* in U11 and U9 play.

**CONNYP STALLING RULE:** If a game official detects an effort to stall the advancement of the ball in either the defensive clearing area or the offensive zone outside the goal area, the official will give a verbal command to “advance the ball” followed by a visual 5-second hand count. If the team so warned does not attempt to advance the ball to within five yards of an opposing player within the 5-second count, a turnover will occur with restart at the point of the stalling infraction (or laterally outside the goal area).

### RULE 4-21 SUBSTITUTION PROCEDURES

CONNYP modifies Article 2 of this rule to authorize substitutions when the officials have suspended play after the ball has gone out of bounds on the sidelines or end lines. For such substitutions, the timer shall sound a horn upon the request of a coach indicating to the officials that a substitution is desired. All other rules with respect to substitutions during suspension of play shall apply.

*(For CONNYP Tournament games such “horn substitutions” are not allowed after the ball has gone out of bounds on the end lines.)*

### RULE 4-25 TEAM TIMEOUTS

Change Article 4 of this rule to permit three (3) nonconsecutive team timeouts each half.

*(This change from NFHS RULE 4-25.4 will not apply to CONNYP Tournament games ... only two timeouts permitted per half.)*

### RULE 5-7 SLASHING

Articles 1-3 are unchanged. *Note US Lacrosse Boys Youth Rules now prohibit one-handed checks at all age levels, including U15.* Add CONNYP “Article 4.”

Slashing includes the following actions:

Article 4, At the U9 Bantam level only, any check other than a poke check. The only legal stick check in U9 play is a poke check to the opponent’s crosse or gloved hand on his crosse. Any other stick check is a slash. NO EXCEPTIONS.

### NFHS GUIDELINES:

Guidelines in the NFHS 2016 Boys Lacrosse Rules Book for managing concussion; hygiene, skin infection, and communicable disease (including bleeding); and lightning and thunder incidents have the force of rules in CONNYP play.