

SCOOP DRILL

--What you need: Plastic one gallon milk jugs with the bottoms cut out. One half also needs to be cut out. It should resemble the set up of a baseball glove, with one side cut out, so it looks like a scoop.

--How it works: Since a scoop is something that is carried outside the hand, younger kids will be able to manoeuver the scoop easier than having a glove on their hand. With the scoop shaped similar to a glove, they will begin to understand glove positioning.

When you are instructing the kids on how to use their 'scoop', show them where the scoop goes in certain situations.

Show them grounders, waist level tosses, and shoulder / head level tosses.

--Results: What you want to show the kids is how their glove is just like the scoop. When they have the web side down for grounders the ball rolls into the glove, etc.

