

Playing Catch

The first tee ball drill I started describing above, playing catch. At this age it is more like playing chase. One player throws the ball and the other player chases it. Do not get hung up on trying to have them master playing catch. Tee ball is the right age to introduce them to playing catch, but they are a few years from being able to do it. Once you are done talking with the parents, observe the kids playing catch for a few minutes. You might try to lend some words of encouragement where needed. Or make corrections as you see fit.

The more kids you have doing a drill, rather than waiting for their turn, the more successful your practices will be. One drill is hitting and the other is running the bases.