

PIZZA SLICE DRILL

This helps the players learn to stay in their own area based on the position they are playing.

--What you need: You need to get some cones, pylons or other markers. Separate the field into 'slices' like pizza. Kids love pizza and can understand the slices. Have it correspond with one of the positions on the infield like the image below.



--How it works: This drill is intended to teach younger players the importance of playing their position on the field - to prevent kids from fighting over the ball when it is hit. Show the players that they each have a 'slice' of the pizza, but they can't have a slice of any one else's pizza. When the ball is hit, or rolled to the players, they must stay on their own slice of pizza when the ball comes out. They cannot go to another player's slice to steal the ball. For balls hit in the pitcher's slice, have the second baseman or short stop back him up in that slice.

Players who go into the other players slice will have someone else come in and take their piece of pizza from them. Only the second baseman or short stop can go into the other slice, only if they are backing up the pitcher and not trying to get the ball away from him.

--Results: Gradually, when players lose their slice of pizza, they will understand that they cannot go into other players' areas to get the ball. This prevents five infielders from going after the same ball.