



Andrew Kwatinetz

Cascade Volleyball Club

Coaching Experience

Cascade Volleyball Club – Assistant Coach U12 - 2010
Miller Community Center Volleyball U12 – 2009
Cascade Volleyball Club - Assistant Coach U14 Blue – 2009
Meadowbrook Community Center Volleyball U14 – 2008
Montlake Community Center Volleyball U12 – 2005
Plus 8 years of coaching girls soccer and basketball

Training

Gold Medal Squared – 2008, 2010
CPR/AED and First Aid - 2010
USAV IMPACT Certified - 2008
Cascade Coaches Clinics - 2008, 2009

Playing Experience

University of Pennsylvania (Class of 1989)
· Men's Varsity – Middle Hitter, Coached by [Joe Sagula](#)
· Also 3 years of Cross Country and Track
Over 15 years of play, both competitive (USAV) and recreational

Coaching Philosophy

I'm a big fan of the Gold Medal Squared system used by Jim McLaughlin (UW) and other NCAA championship and Olympic Gold Medal coaches. Jim is a fantastic role model for coaches in the region: always prepared, a student of the details, teaches the players to understand the game and think for themselves, and every player has a fair opportunity to earn playing time through hard work at practice.

Education

University of Pennsylvania, B.S. in Computer Science, 1989