



Mesh Coating

Soft Mesh – uncoated mesh

- Easier to catch
- No break in time
- Good for beginners

Hard Mesh – coated

- More durable
- Can shape pocket better
- **Most common mesh**
- Good for all levels of play

Pockets

Low Pocket

Good for:

- Feeders
- One handed carriers
- Defensive players



Mid Pocket

Good for:

- Two handed carriers
- Shoot and run players
- **Most common pocket**



High Pocket

Good for:

- Shooters
- Fakes



Types of String

Sidewall – strong braided nylon or polyester cord

Top string – thicker for durability

Crossface – thinner for ease of use, often used for traditional stringing with leathers

Bottom Stringing – can use:

- top string – thicker string provides less friction with mesh
- shooter – used to allow more give to the pocket
- sidewall – frequently used for ease of stringing

Mesh Diamond Pattern



10-diamond

- More stringing options
- Faster release
- **Most common mesh**



6-diamond

- More hold
- Slower release
- Good for defensemen

Other Mesh

- 5,7,8-Diamond – less commonly used but can be ideal for some players
- Canadian Mesh – twice as thick as traditional mesh

Shooting String

Shooters are generally 33" long faces. The top shooter can also be strung with top string.

3-straight

- Shooters pocket
- Strung for speed
- Original way to string shooters



2-straight and V

- V helps guide ball
- Adds whip and hold
- **Most popular way**



1-straight and 2 Vs

- Most whip and hold
- Least common stringing



Learn to String by viewing our videos
www.YouTube.com/SportStopDotCom