

Lacrosse heads are one of the most varied pieces of equipment. There are over 100 different models on the market today. The heads are made of a polymer and have many different features. For the beginning player, the most important factor is the mesh. A beginner should have soft mesh and they should use a low-to-mid priced head. After playing a couple of years, they can move up to more specialized heads and to stiffer hard mesh which will give them more control with passing, catching, and shooting.



Position:

The following head pages display four different symbols to designate for whom the heads are intended. Y is specific to a youth player (kids under 10). G is for goalie. The A & D are for attack or defense. Either head can be used, but generally a D head is more rigid and takes more abuse.

Recommendations:



Ideal attack head

Ideal defense head

Options:

- Unstrung
- Factory Strung +\$
- Custom Strung - You pick the style, stringing pieces, and colors. +\$
- Head Dying - Custom colors with the ability to add names & numbers +\$

More \$\$:

- \$ < \$50
- \$\$ \$50-\$100
- \$\$\$ > \$100
- Newest high performance designs
- Position specific designs
- Higher performance polymers

Brands:

6 month warranty is standard

WARRIOR **BRINE** **STX**
28 models 27 models 21 models

WARRIOR **GAIT**
8 models 14 models

Hyponer **adidas**
8 models 2 models