

## SHOULDER PADS

Lacrosse shoulder pads vary in size and protection. Some players, such as defenders, want the pads to be as light and minimal as possible. Other players, such as aggressive attackmen, want as much protection as possible. Pads with more protection will be longer in the arms and will go down further on the chest and back.

### Options:

- Size

### More \$\$:

\$ - \$50

\$\$ \$50-\$100

\$\$\$ >\$100

- More Protection
- More Durability
- Lighter Weight
- More Ventilation

## Shoulder Pads



|                      | *X-Large |      | Large |      | Medium |       | Small |      | X-Small |      | **XX Small |   |
|----------------------|----------|------|-------|------|--------|-------|-------|------|---------|------|------------|---|
| <i>Player age:</i>   | -        | 4    | 6     | 8    | 10     | 12    | 14    | 16   | -       | -    | -          | - |
| <i>Height:</i>       | -        | 3'6" | 3'9"  | 4'3" | 4'7"   | 4'10" | 5'5"  | 5'8" | 5'10"   | 6'+  | -          | - |
| <i>Weight (lbs):</i> | -        | 40   | 50    | 65   | 80     | 105   | 130   | 150  | 170     | 200+ | -          | - |