

- No NFHS, NVYLL or USL rule changes for the 2021 season.
- However...delayed implementation of the GK equipment rule starts now.
- Behave.
- Consult the 2021 NVYLL Rules Summary for age and skill level rule differences (walog.org, youth resources), keep a copy with and discuss it with the officials prior to the start of the game.

	8U	10U	12U	14U
	Modified Field	Modified Field	Full Field	UB/LB
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Game Time	4x10-minute quarters			4x12-minute quarters
Clock	running	running, start/stop during last 2 min and OT		
Tie-Breaker	none during regular season			1x4-min Sudden Victory (regular season)
Time-outs	1 per half	2 per half	2 per half + 1 for OT	
Advancement	n/a			20 (clear) & 10 (box)
Over and Back	n/a			Enforced at this level
Pass attempt	2 anywhere (includes goalie)		n/a	
Long poles	none	none	up to 4	
Crosse Length	37"-42"	37"-42"	40"-42", 52"-72"	
Stalling	n/a			During game + last 2 min (lead of 4 goals or less)
Slashing	One handed checks - whether or not contact is made			
Checking	No body checks		Limited Body Checks - 3 yards	
Req'd Equipment	Goalkeeper NOT required to wear arm pads at any age			
Mercy Rule	n/a (no score)	6 goals or more	12 goals or more	
Other	7v7 (2-2-2-GK)			
	1 coach on the field			
	no score posted			
	no playoffs			
	GK optional (no hector)			