



**CYO NY Basketball  
Age & Grade Divisions  
2019 – 2020**

**Mandatory Eligibility Requirements**

**BOYS DIVISIONS GRADES 2 - 8**

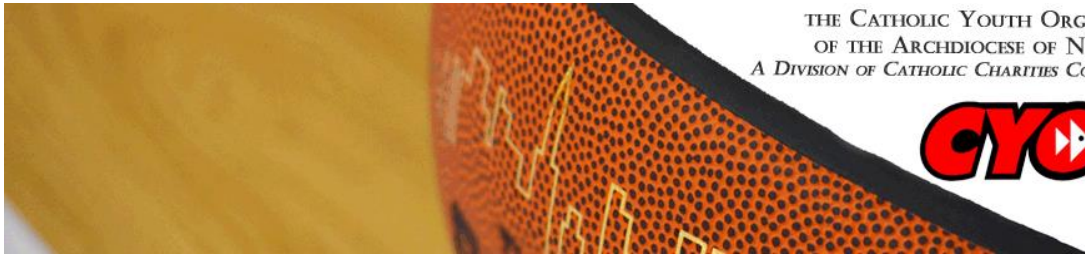
Grade 2	Biddy	Not born before 1/1/2011
Grade 3	Rookie	Not born before 1/1/2010
Grade 4	Bantam	Not born before 1/1/2009
Grade 5	Small Fry	Not born before 1/1/2008
Grade 6	Tyro	Not born before 1/1/2007
Grade 7	Junior Varsity	Not born before 1/1/2006
Grade 8	Varsity	Not born before 1/1/2005
<p>NOTE: A player on any Boys High School Varsity team, who has participated in any league or non-league game, is ineligible to participate on a CYO Team. Exception: Once the Boys' High School Junior Varsity/Freshman season ends, players who are brought up to play in High School Varsity sectional, intersectional, regional, semifinal or final are eligible to continue play on their CYO team. This rule applies to all CYO NY Boys Divisions Grades 2-8.</p>		

**BOYS HIGH SCHOOL DIVISIONS**

High School	Junior Varsity	Grade 9 or 10 and be a registered H.S. Student
High School	Varsity	Grade 11 or 12 and be a registered H.S.

**GIRLS DIVISIONS GRADES 2 -8**

Grade 2	Biddy	Not born before 1/1/2011
Grade 3	Novice	Not born before 1/1/2010
Grade 4	Gidget	Not born before 1/1/2009
Grade 5	Cadettes	Not born before 1/1/2008



Grade 6	Debs	Not born before 1/1/2007
Grade 7	Junior Varsity	Not born before 1/1/2006
Grade 8	Varsity	Not born before 1/1/2005

NOTE: Players on any Girls High School Varsity team who have participated in any league or non-league game, are ineligible to participate in CYO leagues. Exception: Once the Girls' High School Junior Varsity/Freshman season ends, players who are brought up to play in High School Varsity sectional, intersectional, regional, semifinal or final are eligible to continue play on their CYO team. This rule applies to all CYO NY Girls Divisions Grades 2-8.

**GIRLS HIGH SHOOOL DIVISIONS**

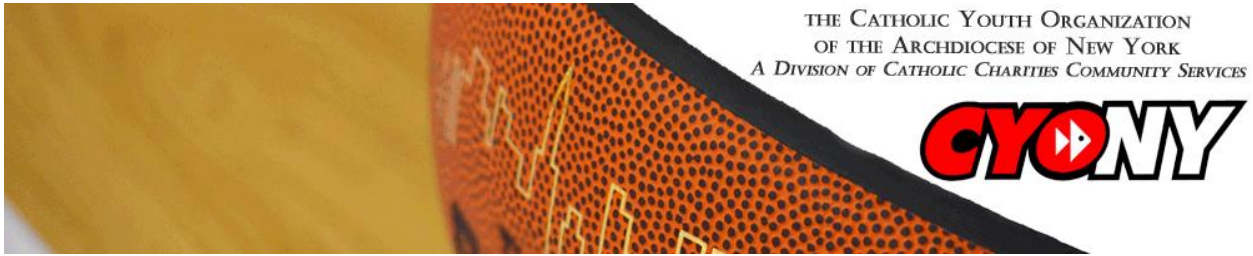
High School	Grade 9, 10, 11 or 12 and be a registered H.S. Student
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**CYO NY Basketball Rules**

**The Administration of the Catholic Youth Organization encourages play of all children in every game.**

***All CYO Leagues, for boys and girls, follow the official High School Basketball (Boys) Rules of the National Federation of State High School Athletic Association for 2019-2020***

1. The 3 point play will be governed by county rules except at the Archdiocesan championships where it will be implemented in the 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> and High School divisions.
2. Time periods: All elementary leagues - 6 minutes High School - 7 minutes. A 3 minute overtime to break a tied score will be used by all age groups.
3. In all girls' divisions, Rookie, Bantam, and Small Fry, the official smaller ball will be used.
4. The foul line for Rookies(3), Novice(3), Bantam(4), Gidgets(4), Small Fry(5), Cadettes(5) and Debs(6) should be 12 feet from the backboard. However, the full key will be utilized to



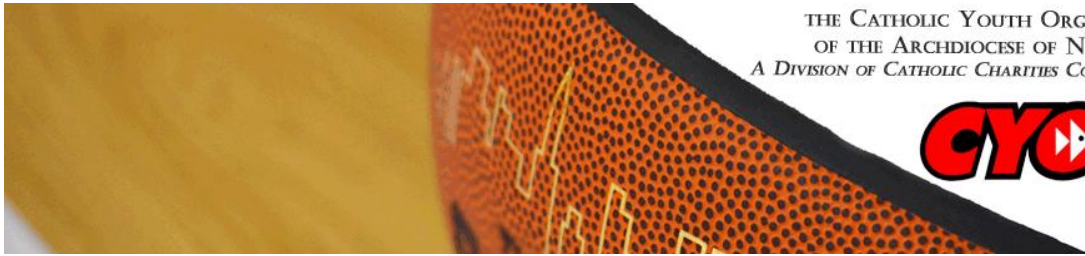
determine the three-second violation. In these divisions, the bottom boxes of the key will be filled when shooting free throws.

4.1) In the Bidy Division, the 3rd, 4th and 5th grade Boys and Girls and 6th grade girls division the bottom box of the key will be filled when shooting free throws.

4.2) In the 6th grade Boys, 7th, 8th and High School Boys and Girls divisions, the first marked lane space (the lane space adjacent to the end line) shall not be occupied.

4.3) ENTERING LANE - Players may step in on the release of the foul shot for ALL divisions.

5. Bonus situation begins with the 7th team foul, in which the team will shoot “one and one”.. The “Double Bonus“ will begin on the 10<sup>th</sup> team foul.
6. In Rookie and Novice divisions the full court press will take effect only in the last one minute of the game. The defense must remain behind the offensive half court line until the last minute of the game.
7. When a team is 15 points ahead in any game, it will be illegal to use a front court press. Failure to comply with this rule, after a warning, may lead to a technical foul.
8. A player may compete on only one CYO team and only in one division.
9. When a parish or school has more than one team in CYO leagues, a player may move from one team to another in compliance with roster addition dates if eligible, only once in the course of a season, with the approval of the County Director. A player cannot jump back and forth.
10. Four time outs are allowed during the game. There will be no penalty for illegal numbers on uniforms, or for contrasting colors on shirts worn under uniforms. Contrasting shirts must be uniform throughout the team.
11. Dunking is NOT permitted in any CYO division, not during warm-ups nor during games.
12. Team players and up to two coaches only may sit on the bench.
13. No shot clocks will be utilized.



14. All uniform shirts must have parish/school name printed on the front.
15. Players shall remove ALL jewelry and hair accessories prior to start of game. Players are NOT permitted to wear tape over any jewelry (including earrings.) Players either REMOVE ALL JEWELRY and HAIR ACCESSORIES or THEY DO NOT PARTICIPATE in the game.
16. Players are not permitted to wear sneakers with lights, springs or wheels.
17. A player or coach who is ejected from a game will be suspended one game for the first offense and will face possible expulsion from the league on the second offense.
18. Players involved in a fight will be suspended depending on the severity of the incident and may face expulsion. Second offense will result in immediate expulsion. A coach involved in a fight will face immediate expulsion upon consultation with the Pastor, County Director and the Advisory Board.
19. It is the home team's responsibility to keep the time clock and scorebook, whether at their gym or at the CYO Center. Parishes, schools, etc. are responsible to train adults to run the clock.

**Note: Children who are attending games must be supervised by their parent or guardian. It is not the responsibility of coordinators, coaches or the CYO staff to supervise children attending games as spectators. Lack of supervision can lead to possible injury to the child/children.**

**Note:** These are the General CYO NY Basketball Rules. Additional or overriding rules may apply at the County level. Please also refer to the rules of your County League.