

CYS Grade School Soccer Rule Addendums*

The grade school soccer program will follow National Federation of High School (NFHS) rules with the exception of the items noted below that benefit our young athletes and increase competition for their age level.

- Eligibility levels – Players can only play a maximum of two grade levels up. No player may play down a without league approval.
- All players who register and pay on time accepted on the school team.
- Once selected for a team players can only play for another team with league approval.
- Small-sided games are games played. Games are 4 vs 4 or 6 vs 6.
- Roster size is twice the number of players on the field plus 2.
- Team rosters provided by league must be presented to game official prior to game time.
- Officials shall confirm team roster prior to each game. Checked rosters are to be turned in to site director.
- Max of three coaches permitted in bench area. All coaches must remain in bench area during active play.
- All coaches are to wear the CYS coach shirt while in the bench area.
- Grade PK – 2 use #3 soccer ball. Grade 3-5 use #4 soccer ball.
- Game Duration: Four 9-minute quarters. Halftime is 2-minutes.
- Offside only applies at grade 4-5 level. “Cherry picking” not permitted at any levels.
- **NO SLIDE TACKLING** at any level.
- Officials need to verbalize the call after each whistle since grade school soccer is developmental.
- League Prayer shall be conducted prior to start of game.
- Every player at a game should play an equivalent of half the game. *
- Substitutions are to be made at the end of each quarter to ensure a measurable and equitable period of playing time for each player. Due to illness, discipline issues or team roster issues substitution can be made earlier at the approval of the game official and agreement by both head coaches. If a team plays a doubleheader they may substitute more frequently during their second game.
- There are no overtime games during regular season play; games can end in a tie.
- Red Cards: Any player or coach that receives a red card will be suspended from their next game without exception. Coaches and Athletic Directors must notify the League Commissioner as soon as possible of these incidents for any possible further action by the league.
- Any foul committed within 8 yards of the goal (which would normally result in an indirect kick) will result in the referee moving the ball 8 yards from the goal line for an indirect free kick; a wall can then be set by the defending team. The officials must clearly inform the players it is an IDK.
- Those fouls that would normally require a penalty kick will still result in a penalty kick.
- **Players may not wear watches, earrings, jewelry or other non-soccer uniform items** except for Medic Alert Labels that must be worn inside the jersey and taped to the body or under a cloth wrist band.
- A coach from each team are to officiate the game whenever there is not an official present.
- All players and coaches must shake hands at the conclusion of every game. *

***CYS coaches represent our Catholic values, and as sport-ministers they are responsible for following the PLCT GROW approach. They must teach players about teamwork, desire to win the right way, commitment, compassion and dedication. CYS coaches must adjust their game to avoid running up the score against their opponents. Coaches are permitted to restrict play time of a player based on discipline or team commitment issues or the nature of the game. A coach can be found in violation of the League’s Code of Conduct for failure to adjust their game or game format, and can be subject to disciplinary action by the school and/or league. Coaches are expected to use the Golden Rule in every practice and game.**