



Purpose of Coaching

- A. Introduce kids to a sport that will benefit them physically, socially, and mentally for years to come.
- B. Provide kids the opportunity to learn life skills (teamwork, perseverance, making friends, performing under pressure, being “coachable,” leadership, etc.)
- C. Have fun!

What Coaching is **NOT** about

- A. An adult’s chance to live vicariously through a child
- B. A validation of any adult’s ability to play ball, coach, parent, win games, etc.
- C. Youth sports is about the kids. **NOT the adults.**

Resources

Coaches clinics and Certifications:

- HLL Sponsored
 - Sunday, Feb 9, Tee Ball, Coach Pitch, Machine Pitch
 - Sunday, Feb 16, Minors and Up
 - Sign Up: <https://tinyurl.com/hllclinic>
- USA Baseball
 - Certification highly recommended - http://sportdev.org/USAB/Certification/Coach_Certification.aspx
 - Coaching Clinic
 - Tuesday, 2/18, 6 PM @ Tuckahoe
 - Register: <https://tinyurl.com/usaclinic>
 - Satisfies the requirements for “C” level certification
 - Get the mobile coaching app - Skills, drills, and practice plans in the palm of your hand
- Concussion training - Required - Left side of HLL site under ‘Concussion Policy’

HLL Website

Look for the ‘Coaches Corner’ on the left side of the website

- Complete LLU Tee ball & Coach Pitch curriculum
- Machine pitch lineup spreadsheet
- Drills, videos, practice plans, and more

Communication

Slack - <https://tinyurl.com/hllcoaches>

- Workspace = hllcoaches.slack.com
- Use link to join
- Mobile app available on Android and IOS

Feedback

- Coaches survey: <https://www.surveymonkey.com/r/GDHJCCB>
- Email: coach@hllball.org

Pitching

- **As a coach, your first responsibility is to protect your players and guard against overuse injuries, NOT win games**
- Managers are required to report pitch counts for every player that pitched, after each game
- <https://www.mlb.com/pitch-smart>

Conflict Resolution

- Assume positive intent- everyone is doing their best to do what's right for the kids and the game
- Parents
 - Set expectations from day 1
 - Your sidelines are your responsibility - to a point
 - If there are potential issues, inform the board so they can be proactive
- Tips for approaching a conversation with an umpire - <https://tinyurl.com/umpiretalk>
- Know the rules - get the Little League Rules App! - <https://www.littleleague.org/playing-rules/>

On-field Rules

- 1 manager, 2 coaches in dugout - no more
- 1 coach in dugout at all times (may mean giving up a base coach or using a player)
- MP operator may not coach
- Only rostered coaches and uniformed players allowed in dugout and on the field during a game
- Little League's rules not ours