

MODIFIED RULES FOR FOR HSC BGU7

PLAYING FIELD

For BGU7 4v4 (no keepers) or 5v5 (with keepers): The front half of the Upper Depot Field will be divided into two BGU7 fields. The fields will use one 8v8 goal line for one touch line and the rear 8v8 touch lines for one goal line. One goal for each field should be placed along the rear 8v8 touch line. Field size shall be approximately 40 yards by 24 yards. The four corners of each field will be designated by blue dots. An area should be left between the two fields along the inside touchlines for coaches and spectators. Cones/disks are to be used to create the unmarked touch and goal lines.

Coaches are responsible for setting up and sandbagging goals, and marking the field lines not already designated by existing lines.

MARKINGS (not outlined above)

Kick-off point at center of the playing field.

No goal area.

GOALS

Approximately 6 feet tall by 12 feet wide for U7 play.

NUMBER OF PLAYERS

4 players or 5 players (including the goalkeeper), choice is up to coach agreement. Minimum of 4 players.

THE BALL

The ball size will be a size 3.

DURATION OF PLAY

Please start the games promptly at 8:00. Games must end before 9:00. No exceptions!

Games shall consist of 10 minute quarters with a half-time interval of 5 minutes and a quarter interval of 2 minutes.

OFFSIDE LAW

The offside law does not apply.

8 YARD RULE

Opposing players shall be a minimum of 8 yards from the ball on the kickoff, direct or indirect kicks due to fouls.

PENALTY KICK

There are no penalty kicks.

DROPPED BALL

Anytime play is stopped for any reason not outlined in these rules, a dropped ball is used to restart play. The ball is dropped by the referee at the place the ball was when play was stopped. The ball must touch the ground before being kicked.

GOAL KICK and KEEPER SAVES

Goal kicks are taken when the ball goes past the goal line and is not a goal. The goal kick shall be taken anywhere up to 8 yards from the goal line. On goal kicks and keeper saves, the opposing players must be behind the midfield line.

SUBSTITUTIONS

Substitutions may be done at any time during game play, but only when play is stopped (kick-off, throw-in, goal kick, free kick).

Please signal the referee that you are doing substitutions. Game time is not to stop during substitutions.

KICK-OFF

On a kick-off, the ball must be kicked and move forward. The player who first kicks the ball may not kick the ball again until it has been touched by another player. Allow multiple attempts (up to three) until a reasonable kick-off is achieved. Referee or coach may instruct player what they did wrong.

THROW-INS

Throw-ins must be done with both feet on the ground, ball thrown over-head with two hands. Allow multiple attempts (up to three) until a reasonable throw-in is achieved. Referee or coach may instruct player what they did wrong.

GOAL and OUT OF BOUNDS

A ball must go completely beyond the goal line and be in the goal to be considered a goal, and must go completely outside the field markings to be considered out of bounds.

CORNER KICKS

There are no corner kicks. Any time the ball goes out over the goal line, and is not a goal, the restart is a goal kick.

HANDLING THE BALL

If a player, other than the goalie, "handles" the ball with their hands (not just the ball hits a hand that is by the player's side), the ball is spotted where the infraction occurred, and the opposite team is given an indirect kick. Handling must be deliberate, and not for protection in order to be called.

ADDRESSING THE REFEREE

During play, coaches, parents or players are not to address the referee unless the referee addresses them. Before, at halftime or after the game, the referee may only be addressed to ask questions about the rules, not to question a call. Any discourse must be non-confrontational and respectful. The referee's calls are final.

EXPECTATIONS OF PLAYERS, PARENTS AND COACHES

- Promote good sportsmanship.
- Do not tolerate unsportsmanlike behavior by coaches, players or spectators.
- Promote good soccer through the development of ball and game skills.