



Valkyries Girls Select Team



2019 Season Tryouts*

Tryout dates:

Sunday 1/6/2019 - 11:30pm-12:30pm for 5/6 grade

Sunday 1/6/1019 - 12:30pm-1:30pm for 7/8 grade

Saturday 1/12/2019 6:00pm -7:00pm (second tryout/makeup, all grades)

Location: The Arena (former K-Mart)

859 Rt. 17 South

Paramus, NJ 07652

Phone: 201-615-0895

Please arrive 15 minutes prior to the tryout time to allow for check in.

The Valkyries program is looking for players who are interested in playing lacrosse at a level beyond their local recreational program. The Valkyries Select team has always been committed to providing a more competitive level of lacrosse during the spring recreational season, without interfering with your local program. This year, we will begin a new approach by offering a club experience at a rec team price. This year, the team will be managed by [Marie Zecca](#) from T3 Lacrosse. It is a not-for-profit organization with all proceeds going to the operating costs of the Valkyries team.

[Valkyries Vision and Mission Statement](#)

Registration for tryouts is required by clicking [here](#) or by visiting the "Valkyries" tab, at www.riverdelllacrosse.com.

*There is a \$25 registration fee for tryouts (which will be applied to the total cost of the season (\$250) if the player has been selected for either team).

Pre-registration for the try-out is required.

VALKYRIES 2019 SELECT SPRING TEAM INFO:

- One team (23 girls max) from grades 5 and 6 and one team (23 girls max) from grades 7 and 8.
- In-season outdoor practices to start April 2019, most likely on Fridays and/or Sundays.
- Games of 1 per week with approx. 6-8 games and evenly split between home and away locations, depending on field availability.
- Each team will participate in at least (1) one day tournament within the Tri- State area.
- Cost of \$250 per player includes practices, seasonal jersey, team tournament costs, and referee fees for games.

Please contact Jim Preziosi at jprez@optonline.net if you have any questions.