



ROCKLAND GAA GAMES DEVELOPMENT NEWSLETTER

INTERNAL LEAGUES

Our U8 Boys Internal League is shaping up nicely. There are 2 rounds of games left to play. Connacht & Leinster are joint top of the table. A lot could change as there is still a lot of football to be played

| <u>TEAM</u> | <u>W</u> | <u>L</u> | <u>PTS</u> |
|-------------|----------|----------|------------|
| CONNACHT | 3 | 1 | 6 |
| LEINSTER | 3 | 1 | 6 |
| MUNSTER | 2 | 2 | 4 |
| ULSTER | 0 | 4 | 0 |

This is a pilot initiative that we plan to run with all our underage teams if possible. These mini leagues can be played at training and it'll allow the player more opportunities to play games and improve their skills and also increase their enjoyment of playing with Rockland GAA.

SLIGO SENIOR FOOTBALLERS

We were privileged to have the Sligo Senior Footballers use our facilities while they have been in New York last week. It was fantastic having them here and they were in awe of our facilities and the reception they received from everyone associated with Rockland GAA.

CAMOGIE

New York Hurling Development Officer, Emmett Conlon, took a Games for Development workshop with our youngest players. Our coaches gained a lot of useful games and activities that they will incorporate into their coaching sessions. Thank you Emmett for all your support.

HURLING

Connacht GAA Director of Hurling, Damien Coleman, will be taking two workshops towards the end of the month. The theme is "Games to Develop Players" and these workshops are suitable for all coaches working with Youth and Adult teams. This is a great chance for coaches to up skill and learn new games that will assist them in their coaching. The dates and venues are as follows:- THURS MAY 25th – PADDY'S FIELD – 6.30-8pm and SUN MAY 28th – GAELIC PARK – 6.30-8pm. Please keep these dates free as it's important we have as many coaches attending these invaluable workshops.

LADIES FOOTBALL

Well done to all the girls from Rockland GAA, Shannon Gaels, St Brigid's and New Haven who took part in the U14 Gaelic4Girls blitz on Sunday morning in a rainy Gaelic Park

BOYS GAELIC FOOTBALL VS ST BARNABAS

Our U8 A and B teams had two colossal battles, with some great football played by both teams. Our U10 boys, although they suffered a defeat, had another positive performance and they keep improving week after week. Our U12 & U14 Boys both had comprehensive wins. Well done everyone and huge thanks to St Barnabas for coming up and thanks also to Danny McKenna for refereeing

CONCUSSION AWARENESS WORKSHOP

Last Wednesday May 10th we ran a very successful Concussion Awareness Workshop. This workshop was open to all players, coaches, referees, supporters, parents and volunteers of any age. It's important to recognize the signs and symptoms of Concussion so that we can better inform ourselves to protect our players and If In Doubt Take Them Out of the game, get them looked at by a medical professional and adhere to Return to Play Protocols.



RGAA COACH EDUCATION QUALIFICATIONS

We are running a Foundation Level Coaching Qualification. It is important all coaches have this qualification. The dates are **SUNDAY JUNE 4th** and **SUNDAY JUNE 11th** – 9am-12pm. For additional information please contact rockland.gdo@gmail.com

REFEREE COURSE

Well done to our very own men in the middle, Ciaran Lee and Pat Guerin, who took part in a Referee In-service Course on Saturday May 6th with Connacht GAA Referee Tutors Sean Martin & Jerome Henry

RGAA SUMMER CAMP 2017

Our Summer Camp will take place for 5-12 year old children from 17th-21st July 2017. Camp will be from 9am-2pm. Cost is \$150 for first child and \$120 for each additional child. Each child registered will receive \$90 worth of top quality O'Neills International Sportswear gear.

To register your child follow the pointers below

- Visit www.rocklandgaa.com
- On the left hand side of our website select the "DOCUMENT & RESOURCES" tab
- Click on the "SUMMER CAMP 2017 REGISTRATION" form
- Print the form / Fill it out / Sign / Post the form and Check to the address stated on the registration.



RGAA CLUBHOUSE OPENING WEEKEND

Our new facility will be officially opened over the weekend of 7TH-9TH July. We have a fantastic weekend of events planned to mark to occasion and these will be announced very soon.

If you are free to help out at the clubhouse before then you will be more than welcome. Many hands make light work