



ROCKLAND GAA GAMES DEVELOPMENT NEWSLETTER

RGAA SUMMER CAMP 2017

Our Summer Camp will take place for 5-12 year old children from 17th-21st July 2017. Camp will be from 9am-2pm. Cost is \$150 for first child and \$120 for each additional child. Each child registered will receive \$90 worth of top quality O'Neills International Sportswear gear. To register your child follow the pointers below

- Visit www.rocklandgaa.com
- On the left hand side of our website select the "DOCUMENT & RESOURCES" tab
- Click on the "SUMMER CAMP 2017 REGISTRATION" form
- Print the form / Fill it out / Sign / Post the form and Check to the address stated on the registration.

GIRLS FOOTBALL VS RANGERS

Our U8, U10 and U12 Girls played their first games of the 2017 season at Rockland Fields Vs Rangers. The U8 girls put in a great performance and had a great win in their first outing of the year. Our U10 team came up against a strong Rangers team and although they came out on the wrong side of the result the girls never gave up and showed great attitude throughout the game. The U12 Girls put in a strong performance and had a comprehensive win also. Well done to all the girls and thank you to our great coaches. The skill level and attitude on show today was a pleasure to watch. Our U14 girls had two great wins against St Brigids and Shannon Gaels respectively. Thank you to Rangers, Sperrin Ogs for coming up and to St Brigids and Shannon Gaels also. We wish you all the best for the rest of the year.

BOYS GAELIC FOOTBALL VS ST PATRICKS & SPERRIN OGS

U8, U10, U12 & U14 teams had their first home matches of the season at Rockland. Our U8 had another excellent win against a very committed St Patricks side. Our U10 A team had an excellent game and a much improved performance. The U10 B team came up against a strong Sperrin Ogs side. Even though our players came out on the wrong side of the result they never gave up and kept going until the very end.

Our U12 A had a great battle this week. Both Rockland and St Patricks gave everything they had and thankfully our boys came out on top in what was a pulsating game of football. The U12 B team played Sperrin Ogs in a very committed and skillful game of football which Rockland won after a spirited second half. The U14s had two great games against St Patricks and Sperrin Ogs. Our A team had a comprehensive win over St Patricks while our B team put in a great performance but unfortunately lost narrowly in an end to end battle with Sperrin Ogs. The improvement and skill level on show today was excellent and huge credit goes to our coaches who continue to help our youngest players. See you all at practice next week.



RGAA COACHING & GAMES DEVELOPMENT

This week we ran our first Coach Education workshops on Tuesday 11th, Wednesday 12th & Thursday 13th April. These workshops were part of our RGAA Coaching & Games Development Programme. It was fantastic to see so many coaches willing to learn new skills to help their teams and players improve. We are aiming to run a Foundation Level Coaching Qualification in June. This course is open to anyone who would like to get involved in coaching with Rockland GAA. We are also planning on running an Award One Child Coaching Qualification Course in September. The Award One Child Course is open to all coaches working with children from U6 up to and including U12. For additional information please contact rockland.gdo@gmail.com

RGAA CLUBHOUSE OPENING WEEKEND

Our new facility will be officially opened over the weekend of 7TH-9TH July. We have a fantastic weekend of events planned to mark the occasion and these will be announced very soon. If you are free to help out at the clubhouse before then you will be more than welcome at the clubhouse. Many hands make light work