

NCAA[®] Banned Substances

Drug Classes with some examples

Anabolic Agents (steroids)

Androstenedione
Boldenone
DHEA
Nandrolone
Testosterone
THG (tetrahydrogestrinone)
19-norandrostenedione
and related compounds

Stimulants

Cocaine
Ephedrine (ma huang)
Methamphetamine
Synephrine (citrus aurantium, zhi shi, bitter orange)
and related compounds

Street Drugs

Heroin
Marijuana
THC (tetrahydrocannabinol)

Diuretics and Urine Manipulators

Bumetanide
Probenicid
Finasteride (Propecia)
and related compounds

Peptide Hormones and Analogues

Erythropoietin (EPO)
Human growth hormone (HGH)
and related compounds

Anti-Estrogens

Clomiphene (Clomid)
Tamoxifen
and related compounds

Beta-2 Agonists (Permitted by Inhalation)

Formoterol
Salmeterol
and related compounds

Common Products Containing Banned Substances

Prescription Medicines*

Adderall
Anadrol
Androgel
Cylert
Dexedrine
Epogen
Lasix
Oxandrin
Ritalin
Testoderm

**Medical exception may be granted for required use with proper prescription.*

Non-prescription Medications

Bronkaid (ephedrine)
Primatene tablets (ephedrine)

Banned Substances found in Nutritional/Dietary Supplements

Androstenediol
Androstenedione
Caffeine
Citrus aurantium
DHEA
Ephedrine (ma huang)
Norandrostenediol
Norandrostenedione
Synephrine

Contact Resource Exchange Center (REC):
www.drugfreesport.com/rec with questions about nutritional supplements – password: ncaa1, ncaa2 or ncaa3. Or call toll free 877/202-0769.

Check with your athletics staff before using any substances!

www.NCAA.org/health-safety

