

## 2018 WMDUSLAX FALLBALL GIRLS' RULES

6U Scoopers	8U	10U	MS Div	HS Div
Players: 4v4 with no goalie	<b>Players: 4v4 with addl goalie optional</b>	Players: 7v7 includes goalie	<b>Players: 8v8 includes goalie</b>	<b>Players: 8v8 includes goalie</b>
Field Size: 60 yards by 35-40 yards (cross field) (40 yds between goals)	Field Size: 60 yards by 35 yards (cross field) (40 yds between goals)	Field Size: 60 yards by 40 yards (40 Yds between Goals)	Field Size: 70 yards by 40 yards (50 Yds between Goals)	Field Size: 80 yards by 40 yards (60 Yds between Goals)
Equipment: Sticks, mouthguard, eyewear and soft ball	Equipment: Sticks, mouthguard, eyewear and NOCSAE ball	Equipment: Sticks, mouthguard, eyewear and NOCSAE ball	Equipment: Sticks, mouthguard, eyewear and NOCSAE ball	Equipment: Sticks, mouthguard, eyewear and NOCSAE ball
Modified Pockets permitted	Modified Pockets permitted	Modified Pockets permitted	Standard Pocket Depth - Mesh Permitted	Standard Pocket Depth - Mesh Permitted
Goal Size: 6 feet by 6 feet (Triangle Option)	Goal Size: 6 feet by 6 feet (Triangle Option)	Goal Size: 6 feet by 6 feet	Goal Size: 6 feet by 6 feet	Goal Size: 6 feet by 6 feet
Fouls: For major fouls, player leaves field for a brief time; team does not play short	Fouls: For major fouls, player leaves field for a brief time; team does not play short	Fouls: Time serving cards, team does not play short	Fouls: Time serving cards, team plays down	Fouls: Time serving cards, team plays down
Other notes:	Other notes:	Other notes:	Other notes:	Other notes:
Traditional lineup for faceoff/draw at start of game & halftime. After a goal the defense is given the ball for a clear	Traditional lineup for draw start of game & Halftime. After a goal the goalie (or defense) is given the ball for a clear	<b>Draws after goals (mercy rule can be applied)</b>	Draws after goals (mercy rule can be applied)	Draws after goals
No score is kept	Officials are required - No score is kept	Officials are required and score can be kept	Officials are required and score can be kept	Officials are required and score can be kept
One pass rule before shooting	One pass rule before shooting	No pass rule before shooting	No pass rule before shooting	No pass rule before shooting
6.1 - CONTESTED GROUND BALLS A loose ball shall be contested by no more than 2 players. If a third player comes into the scrum, then the whistle will be blown and the ball will be awarded via alternate possession. Kicking the ball is not permitted.	6.1 - CONTESTED GROUND BALLS A loose ball shall be contested by no more than 2 players. If a third player comes into the scrum, then the whistle will be blown and the ball will be awarded via alternate possession. Kicking the ball is not permitted.	<b>6.1 - CONTESTED GROUND BALLS There are <u>no</u> restrictions at this age for number of players contesting a ground ball. In addition, players may use a kicking motion to move a ball into free space as long as it does not pose danger to other players and it is not a shot on goal.</b>	6.1 - CONTESTED GROUND BALLS There are no restrictions at this age for number of players contesting a ground ball. In addition, players may use a kicking motion to move a ball into free space as long as it does not pose danger to other players and it is not a shot on goal.	
Teams must play 1v1 defense	Teams must play 1v1 defense	Must play 1v1 defense outside of the critical scoring area (unless playing shorthanded).		
No Checking	No Checking	No checking and 3 seconds closely guarded applies	Modified checking below the shoulders is allowed and 3 seconds closely guarded applies	Full checking is allowed
Coaches on the field, no officials	Introduction of the 8-meter arc with instructional calls by the officials	Introduction of the 8-meter arc and Midfield is the restraining line	Midfield line is the restraining line	Midfield line is the restraining line
2018 US Lacrosse 6U Girls Youth Rules shall apply except as modified above	2018 US Lacrosse 8U Girls Youth Rules shall apply except as modified above	2018 US Lacrosse 10U Girls Youth Rules shall apply except as modified above	2018 US Lacrosse 14U Girls Youth Rules shall apply except as modified above	2018 US Lacrosse High School Rules shall apply except as modified above. <b><i>We have not adopted the quick restarts, but we will in 2019.</i></b>