

## WMDUSLAX FALLBALL GIRLS' RULES

U7 Scoopers	U9	U11	MS Div	HS Div
Players: 5v5 with no goalie	Players: 5v5 with no goalie	Players: 7v7 includes goalie	Players: 7v7 includes goalie	Players: 7v7 includes goalie
Field Size: 60 yards by 35-40 yards (cross field) (40 yds between goals)	Field Size: 60 yards by 35-40 yards (cross field) (40 yds between goals)	Field Size: 70 yards by 40-50 yards (50 Yds between Goals)	Field Size: 70 yards by 40-50 yards (50 Yds between Goals)	Field Size: 70 yards by 40-50 yards (50 Yds between Goals)
Equipment: Sticks, mouthguard, eyewear and soft ball	Equipment: Sticks, mouthguard, eyewear and NOCSAE ball	Equipment: Sticks, mouthguard, eyewear and NOCSAE ball	Equipment: Sticks, mouthguard, eyewear and NOCSAE ball	Equipment: Sticks, mouthguard, eyewear and NOCSAE ball
Goal Size: 6 feet by 6 feet (Triangle Option)	Goal Size: 6 feet by 6 feet (Triangle Option)	Goal Size: 6 feet by 6 feet	Goal Size: 6 feet by 6 feet	Goal Size: 6 feet by 6 feet
Fouls: For major fouls, player leaves field for a brief time; team does not play short	Fouls: For major fouls, player leaves field for a brief time; team does not play short	Fouls: Time serving cards, team does not play short	Fouls: Time serving cards, team plays down	Fouls: Time serving cards, team plays down
Other notes:	Other notes:	Other notes:	Other notes:	Other notes:
Traditional lineup for draw start of game & Halftime. After a goal the defense is given the ball for a clear	Traditional lineup for faceoff/draw at start of game & halftime. After a goal the defense is given the ball for a clear	Traditional lineup for draw start of game & Halftime. After goal, goalkeeper clears.	Draws after goals (mercy rule can be applied)	Draws after goals
No score is kept	No score is kept	Officials are required and score can be kept	Officials are required and score can be kept	Officials are required and score can be kept
One pass rule before shooting	One pass rule before shooting	No pass rule before shooting	No pass rule before shooting	No pass rule before shooting
Teams must play 1v1 defense	Teams must play 1v1 defense	Must play 1v1 defense outside of the critical scoring area (unless playing shorthanded).		
No Checking	No Checking	No checking and 3 seconds closely guarded applies	Modified checking is allowed and 3 seconds closely guarded applies	Full checking is allowed
Coaches on the field, no officials	Introduction of the 8-meter arc with instructional calls by the officials	Introduction of the 8-meter arc and Midfield is the restraining line	Midfield line is the restraining line	Midfield line is the restraining line
2017 US Lacrosse 6U Girls Youth Rules shall apply except as modified above	2017 US Lacrosse 8U Girls Youth Rules shall apply except as modified above	2017 US Lacrosse 10U Girls Youth Rules shall apply except as modified above	2017 US Lacrosse 14U Girls Youth Rules shall apply except as modified above	2017 US Lacrosse High School Rules shall apply except as modified above

<https://www.uslacrosse.org/blog/us-lacrosse-announces-new-girls-youth-rules>

<https://www.uslacrosse.org/sites/default/files/public/documents/rules/2017-girls-youth-rules.pdf>