

SHERIDAN PARK BASEBALL AND SOFTBALL CONCUSSION POLICY

Sheridan Park Baseball and Softball cares deeply about the safety of its players. In accordance with Illinois state law and Little League policies, we have therefore adopted the following policy relating to concussions.

1. COACHES TRAINING

All head coaches must take the following on-line training from the Centers for Disease Control:

<http://www.cdc.gov/concussion/HeadsUp/youth.html>

Coaches must provide their certificate of completion to their division supervisor before April 25th. League Commissioners must provide these certificates to the Safety officer.

If a coach has not provided this certificate before the first regular season game, her/his team will forfeit its games until the coach has taken the training.

We also strongly encourage assistant coaches to take this training.

2. PLAYERS WHO HAVE SUFFERED POSSIBLE CONCUSSIONS

Pursuant to CDC training and SPBS policy, any SPBS player who has received a blow to the head and demonstrates one or more signs/symptoms of a concussion during practice or a game must be seen by a medical professional to rule out concussion. That player may not resume playing for his/her house league or All-star league team, in either practices or games, until the player's head coach receives written medical clearance from the player's medical provider. The medical clearance must state either:

- (1) The player did not receive a concussion from the blow to the head; or
- (2) The player did receive a concussion from the blow to the head, but has sufficiently recovered such that he/she can return to play.

The medical clearance will be turned over to the Safety officer and be maintained for as long as the SPBS player is playing in Sheridan Park Baseball and Softball.

3. DISTRIBUTION OF MATERIALS

The league will provide all coaches with handouts about concussions from the CDC to keep with their scorekeeping materials. These brief materials will remind coaches of proper action in case of a possible concussion. These materials will also be placed in the lockbox behind the backstop of each field.

4. COMMUNICATION TO COMMUNITY

The league will post this policy, along with links to important material, on its website. The league will also send a message out to parents and other community members via Constant Contact stating its policy and emphasizing the importance of concussion awareness.

Adopted by the Board of SPBS on Thursday, March 31, 2016.