

Welcome to the 2015 season of Lake Samm Girls Lacrosse!

This offseason has seen winds of change sweep through our lacrosse club. We celebrate the successes we have had across all levels over the past years and look forward to the continued success and growth of our lacrosse club.

There are three major changes for the upcoming season. Firstly, after 4 seasons as our HS varsity coach, Tony D'Alesio has stepped down to spend more time coaching his kids and to continue building the Vand'al Lacrosse program. We thank him for all of his hard work. This dedication showed in the girls' successes on and off the field. We hope we will continue to see Tony supporting and promoting girls lacrosse throughout the area. The board has been actively interviewing new Varsity and JV coaches; look for an announcement soon.

Secondly, this season new uniforms will begin their appearance at the youth level. The green and gold of the Eastside Eagles is retiring, the youth levels will represent the Lake Samm Eagles and be wearing Purple, Black, and White.

Thirdly, is the formation of the new Northshore/Woodinville girls lacrosse program. Lake Samm lacrosse and the Eastside Eagles have been working on growing the North part of our program over the last several years. This new program will serve those girls residing in the Northshore SD below 7th grade. If you have a 6th grader or younger, please visit their club website <http://www.woodinvillelacrosse.com/> in the coming days for more information regarding the new girls organization. Over the next few years we will continue to see this organization grow and include the 7th and 8th graders following a few years after that with HS level competition. If you have a player 7th grade and above, your player will continue to participate with Lake Samm as well as we continue to welcome new players 7th grade through High School.

Registration for the Lake Samm 2015 season will begin during the second week of November. There will be an **information night November 12th at 7 pm** in the Redmond HS cafeteria. **Click here** for more info on this event. We are also hoping to have a clinic or two organized and run by the High School coaches and some of the high school players before the season begins for both players and coaches. Watch for updates for these events on our website as well as emails. Please pass this information on to both returning players and potential new players.

See you at the information night November 12th!

Bamm Bamm Lake Samm!

Pete M.