



SEATTLE FALL CLINIC



WomensLax.com SEATTLE Fall Clinic

- o Date: October 23, 2011
- o Location: Eastside Catholic Middle School
- o Price: \$95
- o 9 AM – 3 PM
- o Grades 5-12 (players separated by age/experience)
- o Includes Integrated Goalie Training

*All Coaches! We welcome and encourage you to attend the clinic to WATCH, LEARN, and ASK questions of our staff!

* Lunch 12-1 PM. Bring your lunch!

DIRECTORS:

Hilary Bowen: Assistant Coach, University of Southern California
 • 4-time National Champion Northwestern
 • 2007 & 2008 NCAA Tournament MVP
 • Former US National Team Member

Devon Wills: Assistant Coach, University of Southern California
 • 3-Time All-American at Dartmouth.
 • Finished her career ranked second all-time at Dartmouth in saves (538).
 • US National Team Member, 2003-Current.
 • 2009 World Cup Champion.

Regan Bosch: Director of Operations, University of Southern California
 • 5th all time save percentage at Duke University
 • Member of the 2005 ACC Championship Duke Blue Devils

WELCOME TO WOMENSLAX.COM CAMPS & CLINICS!

WomensLax.com brings some of the nation's best instruction to lacrosse players across the country. WomensLax.com camps are based on the Amonte Sports Camp Model, which is arguably the one of the most successful instructional lacrosse camps in the nation. These camps are geared toward developing lacrosse across the country and creating a new excitement and confidence in young lacrosse players. Our philosophy is to reach growing regions across the United States to help develop the sport and provide top-notch instruction to all interested players.

WomensLax.com STAFF

Our staff brings their unique knowledge, creativity, and excitement about lacrosse to each and every camp. We employ a staff which is comprised of current and former standout collegiate coaches and players who are committed to spreading lacrosse around the country.

Typical Day With WomensLax.com

Sessions will focus on the development of individual players, involving stick skills and small space situations (attacking moves, one-on-one defense and more).

We believe stick skills are one of the most important aspects of the game and we try to develop campers into better individual players by using new ideas and proper technique to allow players to incorporate skills into game situations. All camp sessions include staff demonstrations of stick work and drills which campers cantake home after camp is over.

Note: there are variations in curriculum from camp-to-camp. We welcome your questions and are confident that your child will have a great time with us this summer!

Please NOTE and CAREFULLY read our General Cancellation Policy and Cancellation Insurance option during the online registration process



bounce
lacrosse

REGISTER ONLINE AT WOMENSLAX.COM