

EASTSIDE EAGLES NEW 2ND GRADE PROGRAM BEGINS!!!

We are very excited to begin our FIRST EVER year for our 2nd grade program. The first day of practice will be Sunday, April 10th, 3-4:30 PM. Please carefully read this entire email for complete program details.

Overall Format: The philosophy will be an emphasis on fun, while teaching the basics of Lacrosse. This will be more of a "clinic" format, with all children participating together and breaking out into smaller groups as appropriate. They will eventually work their way up to some scrimmaging, and close on the last weekend with real live games against kids from other Seattle area programs like ours. Game rules will be simplified with scaled down field dimensions, with an emphasis on safety. There will be no goalies, just small, unprotected goals.

Coaches/Instructors: We are excited to announce that George Thomas, a parent of a 2nd grade participant, has volunteered to be the lead coach for this program. George played lacrosse through high school and college, has coached boys youth lacrosse, and has also run a private youth clinic in the area. We feel very lucky to have George --- thank you George! In addition, we are lining up volunteers from our area girls high school team (Lake Sammamish Lacrosse club) to help George out. These high school athletes will be at practices to help support and share their love of the game with our young new players!

Season Dates/Times/Location:

Dates:

1. **Season Start:** Sunday, April 10

2. Sunday, April 17

[SKIP SUNDAY, APRIL 24]

3. Sunday, May 1

4. Sunday, May 8

5. Sunday, May 15

6. **Season End:** May 22 - Final session will occur at the league-wide season jamboree, which takes in Snohomish. (Details TBD for our 2nd grade program.)

Time: 3pm - 4:30pm (** NOTE: Times TBD, for May 22nd**)

Location: Marymoor Park Field #9 (natural grass); get map here: http://your.kingcounty.gov/dnrp/library/parks-and-recreation/documents/marymoor/marymoor_park_map_web_09.pdf

Equipment: Since we want this to be an accessible entry-level activity, we are adopting a policy where, if you desire, we will provide you a loaner Lacrosse stick (with \$75 deposit required). **You will still be required to**

provide your own Lacrosse goggles, a mouth guard, and appropriate footwear (cleats or sneakers). Also note, it often is windier and feels colder when you get out onto the fields. And since this is springtime, sunny weather may quickly turn wet. Have your child dress in layers, prepared for an active outdoor activity. This is better for both the kids and coaches --- EVERYONE has more fun!

If you wish to take advantage of our loaner stick, please let us know by emailing: info@eagleslacrosse.org and in the subject line mention 2nd grade loaner stick. We will then know how many sticks to have ready, and will get back to you regarding a deposit. The current plan is that you will show up to the first practice, ready with a check for \$75 to "Eastside Girls Youth Lacrosse", and then we will hand your daughter a stick.

Signup:

We are still open for new registrations. If you know of someone who is interested, please forward them this email and instruct them to register online at www.eagleslacrosse.org. Related, we had NO IDEA what to expect for how many girls would register for this new program. As of today, we have 14 girls registered. We think this is a fantastic number -- we hope you are pleased your daughter took this leap of faith with us, as a charter member of our 2nd grade program!

Sincerely, Your Eastside Eagles Board