



WELCOME to the 2011 EASTSIDE EAGLES Lacrosse season!!

Team Website: eagleslacrosse.org

TEAM 3/4: (3 TEAMS)

Coach: Eric Hathaway
Phone: 406.581.3161 M
Email: eric@hathawayhome.com

Coach: Ken Lawler
Phone: 425-503-6155 M
Email: kenneth.lawler@ejgallo.com

Coach: Bill Harmon
Phone: 425-681-4735 M
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TEAM 5/6: (3 TEAMS)

Coach: Joe Iudice
Phone: 425.898.0659 H, (425) 736-6187 M
Email: jjudice@hotmail.com

Coach: Chris Taylor
Phone: 206.617.5990 M
Email: christinet@bdainc.com

Coach: #3
Phone:
Email:

TEAM 7/8: (2 TEAMS)

Coach: Troy Roper
Phone: 425.497.1555 H, 425.766.0536 M
Email: troy@theropers.net

Coach: Pete Moynihan
Phone: 425.698.8181 M
Email: p.moynihan@hotmail.com

PRACTICE SCHEDULE: (practice schedule also posted on team web site)

Saturday, February 19: First day of practice for 5/6 and 7/8 teams
Tuesday, March 2: First day of practice for 3/4 teams

Saturday, February 19: 2:00 – 4:00pm Marymoor- Field 4A(turf) – 5/6 team and 7/8 team ONLY

Weekday practices: (February 21 – March 11: 4:00 – 5:30 time period)

3/4 Teams: M/W: 4:00 – 5:30pm ***starting Wednesday, March 2***

5/6 Teams: W/F: 4:00 – 5:30pm

7/8 Teams: T/Th: 4:00 – 5:30pm

beginning March 14th – switches to 4:30 – 6pm

Saturday practices:

Saturday, February 19th: 2:00 – 4:00pm - Marymoor- Field 4A(turf) - 5/6 team and 7/8 team ONLY

Saturday, February 26: Marymoor – Field 5A(turf)

5/6 team: 9:00 – 10:30am

7/8 team: 10:30 – 12:00pm

Games start: SATURDAY MARCH 13 (3/4 games may start later)**Practice Locations.**

Feb 19 – Feb 26: practices at Marymoor fields 4, 5 or 6 (artificial turf)

March 1st: grass fields open at Marymoor - field 7

Marymoor Map: http://your.kingcounty.gov/dnrp/library/parks-and-recreation/documents/marymoor/marymoor_park_map_web_09.pdf

Clothing Notes:

Warm clothes for practice!

Under Armor type clothing not mandatory but highly encouraged!

White on top and black on the bottom.

Uniforms:

3/4 Teams. Team provides shirts. Player to provide black shorts.

5/6 and 7/8 Teams: full uniforms provided.

(7/8 need to have spandex under kilts)

Coaches Rules:

Be on Time to games and practices!

Keep all of your equipment clean and in one place!

Bring water to all games and practices, regardless of the weather. There are no drinking fountains

Have fun and tell a friend!

Buddy Requests:

Send requests by Feb 19th to: buddyrequests@eagleslacrosse.org

Include:

- Player name
- Parent(s) name, email, phone contact
- Team grade level (3/4, 5/6 or 7/8)
- Buddy(s) requested
- Explanation