

Eastside Eagles 2011 Spring Season – Nov 10th Information Night

Club Overview:

The Eastside Girl's Youth Lacrosse Club (aka, the Eastside Eagles) is open to 2nd through 8th grade girls from the Lake Washington and Northshore school districts. Our mission is to promote the game of lacrosse and to provide a safe and fun opportunity while emphasizing the importance of good sportsmanship, fitness and teamwork.

As the fastest growing youth team sport in America, lacrosse offers young athletes an opportunity to hone their agility, endurance, eye-hand coordination and team skills while playing. Lacrosse provides a great opportunity for soccer, basketball and volleyball players to stay sharp in the spring while experiencing something totally unique.

We realize that many of you are new to the sport of lacrosse and have many questions about the game, its rules, and how to follow the action. Knowledge of the game will come with observation, participation and fellowship with other players, parents and coaches.

2010 was our 8th season for the 7/8 program, 5th season for 5/6, and 3rd season for 3/4. In our 2010 spring season, we had 123 kids in our program, broken out as follows:

- 3 teams of 3/4 graders, with 12 kids per team, playing a 7v7 format.
- 3 teams of 5/6 graders, with 17 kids per team, playing 12v12 format.
- 2 teams of 7/8 graders, with 18 kids per team, playing 12v12 format.
- In total, we had a record setting 123 kids in our program!

Our 2011 spring season will be the first year ever for a special abbreviated 2nd grade program.

Our practices and home games take place at Marymoor Park. Our league games are with public and private schools from Issaquah, Bellevue, Mercer Island, Snohomish, Seattle, Tacoma, and Bainbridge Island.

2011 Spring Season Registration Information:

Registration is done online at our website: www.eagleslacrosse.org

To encourage early registration we are holding registration fees at last year's levels (3/4 = \$155, 5/6 = \$210, 7/8 = \$230) until 11:59 PM, Sunday, December 19th. As an organization, early registration allows us to better plan for fields and coaches. As a participant, early registration guarantees a spot on the team; if we get to certain registration numbers we will have to waitlist folks until we see if we have enough to add a full team. Please make every attempt to register as soon as possible.

The new 2nd grade program registration will begin at a later date - if interested please monitor our web site and send an email to info@eagleslacrosse.org so we can send you a note when this opens.

US Lacrosse membership is a firm requirement for a player joining our club. As part of your registration with our club's online system, you will be required to establish or renew your child's US Lacrosse membership. This is a separate process and payment embedded within our registration system, and costs you \$25 for a 12 month membership.

<http://www.uslacrosse.org/index.phtml>

Our club budgets annually for a limited number of need-based scholarships. Near the end of the online registration form for each player, there is a checkbox and then a series of questions where you may apply for scholarship consideration. This information is only shared with the club board, and is treated with the strictest confidentiality.

Registration Fee Refund Policy:

If a player needs to withdraw prior to February 19th, Eastside Girls Lacrosse will refund our Registration Fee, minus a \$25 service charge. If a player needs to withdraw from February 20th, 2011 through February 28, 2011, we will refund 75% of the Registration Fee, minus a \$25 service charge. After March 1st, 2011, we will be committed to field costs and team

rosters, and will not be able to make any refunds. If you experience extenuating circumstances, you are welcome to petition the Board, and a decision will be given to you by the next board meeting (held monthly).

Key Dates for Spring 2011 Season

- Nov 9th – Our 2011 spring season registration went live
- Nov 10th – Information Night
- Dec 19 – Early bird registration prices end (goes up \$25 per child after this date)
- Jan 19* (date to be confirmed) – season kickoff meeting with all coaches/players/parents
- Feb 19 – Season officially opens, practices begin; games start approximately 3 weeks later (Note: $\frac{3}{4}$ teams likely start a few weeks later; and 2nd grade program starts after spring break)
- Late May/early June – Season ends (depends on your grade level and end of season jamboree schedule)

Volunteers:

Our club relies entirely on volunteer participation. When you register online, you will be given the opportunity to indicate how you would most like to volunteer. We encourage all of our members to step up where they see a need or have an interest. Registration gives every family a vote and the success of the program is up to each and every one of us! Below is what you will see during online registration. What do YOU want to do?!?

Please select **one or more** of the boxes below for any areas you or your spouse/co-guardian would **consider volunteering for**, we will follow up with you on this as the season approaches. This club is 100% volunteer run, we need your help. Pick something you would have fun with!

Coach/Assistant Coach - Some coaching experience is preferred, however, direct knowledge of lacrosse is not necessary. We have coaches who have played the game, and are excited about sharing their knowledge with parents willing to help.

Team Parent/Manager - Organize team volunteers, act as liaison between the coach(s) and parents (including communications on practice and game logistics), keep roster up-to-date, help with uniform distribution and collection, help distribute any merchandise ordered.

Photographer(s) - Take action shots at games & make available online.

Game Timer - Operate the clock at your team's HOME games.

Scoreboard - Operate scoreboard at your team's HOME games.

Stats - Keep stats during home and away games. Training is provided.

Field Lining - Use our new & easy lining machine to paint the lines on our fields. This is done Thurs or Fri afternoons or eves (work with your schedule), weekly or ever other week (rain dependent). We rotate this task, so the more volunteers, the better!

Party Planner(s) - Work with coaches to plan end of season party.

Board Member - Open to nomination for our club's 2010/2011 or 2011/2012 board. Click this box to see possible positions. Please consider joining us!

Other (if you select this, please share your thoughts below)

Please add any suggestions/comments/notes about how you would like to volunteer.