

2018

CALENDAR YEAR

DECEMBER

CALENDAR MONTH

SUNDAY

FIRST DAY OF WEEK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	01
02	03	04 CARDINAL- 3:30-4:30 ATH.EDGE BLACK-4:30-5:30 ATH.EDGE	05	06 CARDINAL-3:30-4:30 ATH. EDGE BLACK-4:30-5:30 ATH. EDGE	07	08
09	10	11 BLACK-3:30-4:30 ATH. EDGE CARDINAL-4:30-5:30 ATH. EDGE	12	13 BLACK-3:30-4:30 ATH. EDGE CARDINAL-4:30-5:30 ATH. EDGE	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	01	02	03	04	05

2019

CALENDAR YEAR

JANUARY

CALENDAR MONTH

SUNDAY

FIRST DAY OF WEEK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	01	02	03	04	05
06	07 CARDINAL-3:30-4:30 PARISI BLACK-3:30-5:00 WEIGHT ROOM	08 CARDINAL-3:30-4:30 ATH. EDGE BLACK-4:30-5:30 ATH. EDGE	09 BLACK-3:30-4:30 PARISI CARDINAL-3:30-5:00 WEIGHT RM	10 CARDINAL 3:30-4:30-ATH. EDGE BLACK-4:30-5:30 ATH. EDGE	11	12 BULLPENS- 8AM AUX. GYM
13	14 CARDINAL-3:30-4:30 PARISI BLACK-3:30-5:00 WEIGHT ROOM	15 BLACK-3:30-4:30 ATH. EDGE CARDINAL-4:30-5:30 ATH. EDGE	16 BLACK-3:30-4:30 PARISI CARDINAL-3:30-5:00 WEIGHT RM	17 BLACK 3:30-4:30 ATH. EDGE CARDINAL-4:30-5:30 ATH. EDGE	18	19 BULLPENS- 8AM AUX. GYM
20	21 CARDINAL-3:30-4:30 PARISI BLACK-3:30-5:00 WEIGHT ROOM	22 CARDINAL-3:30-4:30 ATH. EDGE BLACK-4:30-5:30 ATH. EDGE	23 BLACK-3:30-4:30 PARISI CARDINAL-3:30-5:00 WEIGHT RM	24 CARDINAL 3:30-4:30-ATH. EDGE BLACK-4:30-5:30 ATH. EDGE	25	26 BULLPENS- 8AM AUX. GYM
27	28 CARDINAL-3:30-4:30 PARISI BLACK-3:30-5:00 WEIGHT ROOM	29 BLACK-3:30-4:30 ATH. EDGE CARDINAL-4:30- 5:30 ATH. EDGE	30 BLACK-3:30-4:30 PARISI CARDINAL-3:30-5:00 WEIGHT RM	31 BLACK 3:30-4:30 ATH. EDGE CARDINAL-4:30-5:30 ATH. EDGE	01	02
03	04	05	06	07	08	09

2019

FEBRUARY

CALENDAR YEAR

CALENDAR MONTH

SUNDAY

FIRST DAY OF WEEK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	01	02 BULLPENS-8AM AUX. GYM
03	04 CARDINAL-3:30-4:30 PARISI BLACK-3:30-5:00 WEIGHT ROOM	05 CARDINAL-3:30-4:30 ATH. EDGE BLACK-4:30-5:30 ATH. EDGE	06 BLACK-3:30-4:30 PARISI CARDINAL-3:30-5:00 WEIGHT RM	07 CARDINAL-3:30-4:30 ATH. EDGE BLACK-4:30-5:30 ATH. EDGE	08	09 BULLPENS-8AM AUX. GYM
10	11 CARDINAL-3:30-4:30 PARISI BLACK-3:30-5:00 WEIGHT ROOM	12 BLACK-3:30-4:30 ATH. EDGE CARDINAL-4:30-5:30 ATH. EDGE	13 BLACK-3:30-4:30 PARISI CARDINAL-3:30-5:00 WEIGHT RM	14 BLACK-3:30-4:30 ATH. EDGE CARDINAL-4:30-5:30 ATH. EDGE	15	16 BULLPENS-8AM AUX. GYM
17	18	19	20	21	22	23
24	25	26	27	28	01	02
03	04	05	06	07	08	09