



Loudoun South Little League

2017 Spring Season
Coaches Meeting



Loudoun South Little League

Coaches Meeting

Agenda:

- Welcome
- Board of Directors
- Spring Season - Dates
- Admin – Player Agent
- Safety – Priority #1
- Equipment
- Information
- Coaches Corner
- Field Maintenance
- Umpires
- Little League Rules & Regulations, Local Rules
- Play Ball!



Loudoun South Little League

Coaches Meeting

Board of Directors (Volunteers):

1. President: Wayne Connelly
2. Vice President: Joe Soricelli
3. Secretary: Heather Marohn
4. Treasurer: Sean Lizama
5. Player Agent: Tracey FitzGerald
6. Player Agent: Tara Pollock
7. Safety Officer: Chuck Hoskins
8. Umpire-In-Chief: Justin Pinkard
9. League Information Officer: Greg Bokman
10. Coaching Coordinator: Brian Triplett
11. Fundraising Coordinator: Holly Henderson
12. Concessions Manager: Sean Keane
13. Equipment Manager: Tom McGinn
14. Facilities Manager: Jeff Lizama



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Committees:

- Finance (*Holly, Fundraising*)
- Building, Property & Grounds (*Jeff, Facilities*)
- Capital Improvements (*Wayne, President*)
- Managers (*Tracey, Player Agent*)
- Umpires (*Justin, UIC*)
- Middle School Baseball Program (*Joe, VP*)
- Coaches (*Brian*)
- Bylaws & Local Rules (*Justin & Joe*)
- Opening Day & Concessions (*Sean K.*)
- Challenger Division (*Christine H. & Nancy H.*)



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Important Dates:

- March: Umpire & Game Coordinator training (*Lions Lower*)
- March: Field Maintenance clinics
- March: Pitcher & Catcher clinics; coaches clinics
- April 1: First games
- April 10: All Star manager applications due; interview dates TBD
- April 21: Opening Event at Champe Stadium, 7:30 pm
- April 22: Picture Day at Mercer MS
- April 23: LSL Day at GMU Baseball, 1:00 pm
- April 30: Nationals Day
- June 1: All Star rosters released
- June 10: Minors & Majors Championship games
- June TBD: Host 10/11 District Tournament



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Administration:

- Pool players
- Replacement players
- All stars managers:
 - Manager applications due by Monday, April 10
 - Board approval on Monday, May 8
 - All star rosters released not before June 1



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Safety:

- Background checks required for ALL volunteers
- LSL Safety Plan
- Medical & Concussion Release Forms
- Understand your players' medical issues
- Maintain First Aid kit
- Adult coach must be in the dugout at all times
- Injuries
- Weather & Lightning:
 - Use common sense
 - 30-minute rule

Little League Baseball and Softball
MEDICAL RELEASE

Parent or Guardian Name: _____ Date of Birth: _____ Gender: _____
Player Name: _____
Player Address: _____ City: _____ State: _____ Zip: _____
Home Phone: _____ Work Phone: _____ Mobile Phone: _____

PARENT OR GUARDIAN AUTHORIZATION
I, the undersigned, being the parent or legal guardian of the undersigned, hereby authorize the Little League to use the undersigned's name and likeness for promotional purposes. I understand that the Little League is not responsible for any injuries sustained by the undersigned while participating in Little League activities.

Player Name: _____
Address: _____ City: _____ State: _____
Hospital Preference: _____
Emergency Contact: _____ Phone No.: _____ Group ID#: _____
League District ID#: _____ Injury No.: _____ League Group ID#: _____

If parent/guardian cannot be reached in case of emergency, contact:
Name: _____ Phone: _____ Relationship to Player: _____

Player Name: _____
Address: _____ City: _____ State: _____ Zip: _____
Medical History: _____ Allergies: _____ Frequency of Injury: _____

Date of Last Medical Record Review: _____
Signature of Parent or Guardian: _____ Date: _____

FOR LITTLE LEAGUE USE ONLY
League Name: _____ Injury No.: _____
District: _____ Date: _____





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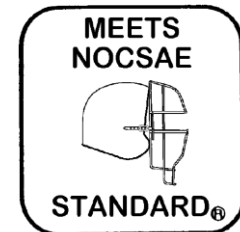
Equipment:

- Safety rules are mandatory and apply to all practices and games
- Enforce use of proper equipment:
 - Athletic supporter/cup
 - Uniform/hat
 - Cleats
 - Helmets
 - Catcher's gear (throat protector)
 - Game/practice balls
 - Bats (2018 New Bat Rule)

Manufacturer Certifies



Manufacturer Certifies





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Information:

- Team website/Notification system/alerts
 - www.loudoun.gov/fieldstatus (real time)
 - Rainoutline.com (app avail)
 - Sports Hotline not available after April 15
- Fields assignments – practices & games:
 - Field shortage issue
 - Practices offsite not permitted
 - Scrimmages allowed
- Brambleton (#2, #5 ,#6), Tillet, Hanson Park
- Concession stand at Byrne's Ridge



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Coaches Corner:

- Clinics for pitcher and catchers
- Fundamental Drills & Plans
- Roster & Lineup Tools
- Identify volunteers early
- www.littleleagueu.org/



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Coaches Corner:

- Pitch counts by league age:
 - 17-18: 105 pitches per day
 - 13-16: 95 pitches per day
 - 11-12: 85 pitches per day
 - 9-10: 75 pitches per day
 - 7-8: 50 pitches per day
- Days rest for league age 14 and under:
 - 66 or more pitches: four (4)
 - 51-65 pitches: three (3)
 - 36-50 pitches: two (2)
 - 21-35 pitches: one (1)
 - 1-20 pitches: no rest required
- Pitcher/Catcher Game Rules
- Communication with travel team coaches



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Coaches Corner:

- Volunteers - Games:
 - Tee-Ball, Inst. Rookie, Rookie & Single A: Manager plus 3 Coaches
 - AA, AAA, Majors, Juniors, Middle School: Manager plus 2 coaches
 - All others must remain outside of playing field
 - Other assistants may help during practices
- No on-deck circle or hitting sticks
- Maintain dugout
- No alcohol or tobacco of any kind



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Field Maintenance:

- LSSL coaches' responsibilities
- Equipment boxes/locks:
 - Combination: **4256**
- County responsibility: Prep and postgame field maintenance on Priority One (1) and Two (2) fields: Byrne's Ridge, Lyndora Park, Mickie Gordon, Brambleton; and high school fields. Please do not touch these fields.



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Lions Fields Complex:

- Mandatory clinics on field maintenance
- LSSL coaches' responsibilities



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Umpires:

- 2017 Umpire-in-Chief:
 - Justin Pinkard: (757) 677-6122
- 2016 Assignments:
 - 932 Total
 - Youth: 77%
 - Adult: 23%
- Team Umpires Needed
- Game Coordinators Required
- **District all star tournament**





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Rule Clarifications:

- No electronic devices
- Night game curfews
- Warm-up pitches
- Equipment in the dugout
- Interference
- Obstruction
- Speed-up the game





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Little League Rules & Regulations, Local Rules:

- 2017 “Green Book”
- Local Rules
- NEW Rules
- How to approach an umpire
- Protesting a game
- Mound visits
- Behavior



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**“How do you define a
successful season?”**



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Play Ball!

Wayne Connelly

Mobile: (703) 895-8588

