

*The Hooksett Hurricanes
Pop Warner
Football & Cheerleading*

Membership
Handbook
For the 2012 Season



*Hooksett Hurricanes
Pop Warner Football/Cheerleading
PO Box 16177
Hooksett, NH 03106*

Dear Parents,

Please read the following information in the handbook very carefully. This handbook is designed to help you understand how our program works.

We feel that communication is the key to a successful season. Please check our website, www.Hooksetthurricanes.com, for updated information regarding our program.

Also, remember that as a parent, you are a member of the Hooksett Hurricanes. This is not a program for individual children, but rather, the entire family. Without your participation, the program can never have the success we feel the children deserve.

Should you have any questions regarding the information contained in this handbook, please feel free to contact a member of the board. We are here to ensure that you enjoy your experience with the Hooksett Hurricanes.

Thank you in advance for your participation and assistance. We look forward to a successful 2012 season.

Sincerely,

The Hooksett Hurricanes Board of Directors

2012 Hooksett Hurricane Board Contact Information

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The Hooksett Hurricanes
Pop Warner and Cheerleading
Membership Handbook

Objective:

Hooksett Pop Warner (HPW) is organized to develop the ideals of sportsmanship, teamwork, honesty, integrity, courage, scholarship and loyalty in all of our participants (regardless of race, creed, religion, or national origin) so that they may grow to become solid adult citizens in the respective communities.

Eligibility:

Registration is held on a first-come, first-served basis. All boys and girls between the ages of 5-15 as of July 31st, 2012 are eligible to join. All football registrations are subject to Pop Warner weight limitations. No registration will be accepted to those that have outstanding debts to HPW unless approved by majority vote through the board of directors. All participants and their parents/guardians are required to sign the Associations Code of Conduct prior to the beginning of practice.

2012 Registrations:

\$100.00 before June 1
\$125 June 1 through June 30
\$150.00 after July 1

Refund Policy:

There shall be **no refunds** once the registration is processed and the child is placed on a roster, which occurs on the Friday of the first week's practice. The only exception to this would be the inability of HPW to roster the child due to weight restrictions, placement on a waiting list or disbandment of the team at the required age and weight level. Due to our commitment to keep our equipment safe and up to date, the cost of uniforms, as well as insurance, we cannot issue refunds after this point.

Time Commitment:

In addition to the time required to transport your child to and from practices and games, you will also be asked to volunteer to help support your children and the program. Parents and guardians should expect to volunteer at a minimum of at least one home game. We would not be successful without the help of many volunteers.

Practice starts the first week of August.

During the month of August practice is 4 times a week. Typically 1-1/2 to 2-1/2 hours a day until school starts. The practice will be two to three days a week with games on Sundays. The head coach of each individual team sets the practice schedule. The head coach will have the regular season game schedule available to him/her around mid-August. Games generally last approximately 2 hours. Game day arrival time will vary with each team but expect that your child will have to be at the game anywhere from 60 to 90 minutes before the start of the game. In situations where you are unable to attend or transport your child to or from any game or practice, you must notify the coach as to who is going to be responsible for your child. Please be courteous to your coaches and pick your children up on time.

Tackle Football Age & Weight Restrictions

Tiny Mites	Age 5-7 (35-75 lbs)
Mitey Mites	Age 7-9 (45-90 lbs)
Jr Pee Wee	Age 8-10 (60-105 lbs) Age 11 (60-85lbs)
Pee Wee	Age 9-11 (75-120 lbs) Age 12 (75-100 lbs)
Jr Midgets	Age 10-12 (85 –135 lbs) Age 13 (85-115 lbs)
NEW- Patriot	Age 11-14 (105 –unlimited lbs up to 8 th grade; 9 th grade max weight 165 lbs)

Cheerleading Rules and Guidelines:

All cheerleaders are required to attend all practices and football games, including playoff games. Cheerleaders must inform their coach (not another cheerleader) if they are unable to attend. Cheerleaders are to be in full uniform at all times while participating in the football games. All cheerleaders must be dressed the same, so we require the cheerleaders to bring all uniform items to every game (or other cheerleading event) in case they need to change due to weather, etc. For all practices, the cheerleaders need to wear shorts, t-shirts and sneakers. For practices, games and competitions, hair needs to be pulled back in a ponytail, no nail polish is allowed and the nails need to be cut short. No jewelry is allowed. Cheerleading uniforms and wind suits are to be worn to N.H. Pop Warner events only. The exception to this rule is that on Fridays they are allowed to wear their jackets to school.

Medical Treatment:

An EMT or certified person is present at all games in case of injury

Transportation:

You are required to transport your child both to and from the practices, scrimmages and games unless otherwise notified.

Equipment and Uniforms:

Equipment handout is generally held in July. The date will be posted on the website and a mailer will be sent out informing you of when the exact date is. There is a \$50 deposit for football equipment and cheerleading uniforms to be paid at the time of the equipment/uniform pick up. This deposit will be refunded when the equipment/uniform is returned clean and in good condition. Please make checks payable to HYAA with your child's name written in the memo section. No cash deposits will be accepted. If you do not return equipment/uniform at the designated equipment/uniform return, your deposit will be forfeited.

Football equipment supplied by the Hurricanes program:

- Helmet w/ chin strap
- Shoulder pads
- Practice pants, shirt and belt
- Game pants, shirt and belt
- Mouth Guard (the first one is supplied)
- Pads – 1 set to be used in both game and practice pants

Supplied by parent/guardian:

- Athletic supporter w/ hard cup
- Girdle
- Football Cleats – must be rubber molded cleats
- Additional mouth guards (1st set supplied by HPW)

Optional:

- Rib protectors
- Arm Pads
- Gloves

Cheerleading equipment supplied by the Hurricanes program:

- Uniforms

Cheerleading Equipment Supplied by you:

- Bodysuit
- Bloomers
- Sneakers

There will be a mandatory fitting date for Cheerleaders - time and place TBD. The representative will also be taking orders for sneakers at that time. Payment is due at the time of order.