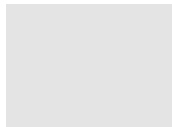


Remove and mail to:

Lisa McGloin

91 Woodlawn Street, Lynn, MA 01904



DIRECTIONS:



Concord-Carlisle Regional High School
500 Walden Street
Concord, MA 01742

FROM BOSTON: Rte. 2 to Rte. 126. Turn right at lights. School driveway on left at bottom of hill

FROM WALTHAM AREA: Rte. 128 South to Rte. 2. Take Rte. 2 West to Rte. 126. Turn right at lights. School driveway on left at bottom of hill.

FROM LEXINGTON & NORTH OF 128 BELT: Rte. 128 South to Rte. 2. Take Rte. 2 West to Rte. 126. Turn right at lights. School driveway on left at bottom of hill.

FROM LOWELL AREA: Lowell to Chelmsford, Carlisle to Concord. Enter Concord Center from Lowell Road. Through Center on Main Street to Sudbury Road. Left on Thoreau Street. School Driveway on right.

FROM WESTERN MASS: Mass Turnpike to Rte. 495 Exit. North to Rte. 2 East. Turn left at Rte. 126. School driveway is on left.



High School Softball Readiness clinic



FOUR SUNDAY NIGHTS

Feb 27th, March 6th, March
13th, and March 20th

Cost \$135 per player

At Concord-Carlisle High
School

* with use of two full sized gyms, batting cages, right view pro analysis of hitting, conditioning room and equipment

THE INSTRUCTORS

Lisa McGloin – In her tenth year as head coach at Concord-Carlisle. The Patriots have appeared in the state tournament every year with four appearances in the semi-final game of the state championship. Coaches the Concord Raiders 18U summer team. Lisa was the starting catcher for her four years at UNC and is the director of this clinic.

Jill McElroy – Head Coach of Reading High School for past fifteen years. Her Rockets won Division I State Tournament in 2001. Known as one of the best infield coaches in the state and 2006 Boston Globe coach of the year.

Tara Petrocelli- Head Coach at Danvers High School for the past seven years. Danvers coached her team twice to the North Sectional Finals. Her team has appeared in the state tournament every year since she became head coach .

Colleen Parker – Head Coach at St. Mary’s HS for past seven years and has led her team winning the Division III State Title the last two years in a row.

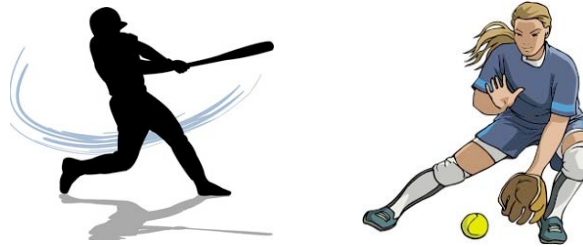
Kelly Harrington - Head Coach of Weston High School. Played collegiate softball at UMAINE. She will work with fielding and throwing mechanics.

Courtney Nelson – Head Coach at Woburn High School. She will be working with fielding and throwing.

Emily Day – Assistant Coach and hitting coach at St. Mary’s High School whose team won the Division II State Title last two years. Played outfield at Sienna University.

Mary Matthews – In her third Head Coach Acton Boxborough. She will be working with fielding and conditioning.

Additional Instructors will be added to keep a low player to coach ratio.



About the clinic

Time to get ready for the High School season! This clinic will be highly demanding and practical, to prepare and condition players for the upcoming high school softball season. Players will be kept moving and active, going through a battery of drills and conditioning stations. The clinic will primarily focus on the skills of throwing, fielding, base running and hitting. Batters will hit in our two indoor batting cages, and fielders will have live fielding. Use of videotape analysis will also be used. Weekly competitions to test your skills. No time will be devoted to pitching.

Things to Remember on Clinic Days

- * If you plan on wearing shorts, be sure to bring a pair of sweats.
- * Everyone should wear batting gloves
- * Bring your own bat
- * **Open only to High School athletes**

In the event of weather issues, please check your email and **HYPERLINK** "<http://www.raiderssoftball.com>" for cancellation information

QUESTIONS????

781-842-0084 or catch15@prodigy.net

APPLICATION

Name: _____

Address: _____

Telephone: _____

Email: _____

School _____ Position _____ Grade: _____

Friends Attending Clinic: _____

Circle One : Session I (pre-varsity) - 5:00 – 7:00 p.m.
Session II (varsity only) 6:45 – 8:45 p.m