

Hello Freedom Festival Participants. I hope you guys are ready for a great Day of lacrosse. Below are some points to emphasize prior to going into this weekend.

All boys' games will comply with normal NHFS & USYLL game rules, with the following exceptions:

**1. Game Times:**

- a. Halves will be 19 minute running time (2 min half time)
- b. One time out per team per game (normal rules apply for 2 minute end of game time situations)

**\*\*Games will begin every 50 minutes which gives the teams about 5 minutes to get on and off of the field. Please respect the following team by leaving the field promptly. Also if you are playing at the high school please plan travel time of about 5 minutes in to the equation of getting from 1 location to the other.**

**3. Coaches/Parents on the Sideline - Four coaches per team - 1 head coach, 3 assistants. Only the head coach can speak to the ref. No parents on the sideline. This will be enforced.**

**4. Keeping Game Time - Game time will be kept at the central location. Penalty time is kept by one of the officials.**

**5. Timeouts - One timeout per game, running time. No timeouts in the last two minutes of the half or the game.**

**6. Injuries & Time Stoppage - If a player is injured, refs may add up to an additional two minutes to the game clock if injury takes more than 2 minutes.**

**7. Substitutions – All players must be substituted on the fly.**

**8. Normal penalty time applies.**

**9. If a player gets 4 penalties in a game – he's done for the game.**

**10. Player Ejection - If a player fights they are done for the day.**

**11. Zero Tolerance - If a parent or coach gets kicked off the field – he/she is kicked out of the tournament.**

**12. Mercy Rule- If a team is up by more than 5 goals the opposing team will gain possession and there will be no face off.**

**13. Tie breakers -**

- a. Games – that are tied are settled with a 2 minute, 3 Player + Goalie, Braveheart (no subbing allowed). If no one scores then the game will end in a tie.