

Our goalies will work with a Goalie Coach and shooters in a small group with a 1:3 Goalie coach to player ratio. Goalies will receive hundreds of shots per day while receiving instruction. They will also have the opportunity to participate in live drills with Attackman, Middies and Defenseman giving them the total experience.

The Wall



Goalie Camp

Schedule

9:00 Agilities and footwork

9:30 Stance and Step

10:00 Repetition Shots/Individual work

10:45 Live Drills

11:30 Situational Play

12:00 Clearing

12:30 Live Game

Dates: July 11th - 14th

Location: Decou Fields, Cherry Hill, NJ

Times: 9:00 - 1:00

Cost: \$250 per goalie

**Register online at www.braveheartlax.net
under the camps tab**

Goalie Coaches

Damon Legato

-2000-2005 Head Coach Moorestown High School

-2001 New Jersey Coach of the Year

-2001 State Champions

-2002 PITT Conference Coach of the Year

-2001-2003 Coach NJ Gill Gibbs All Star Team

-2006 Eastern High School Assistant Coach

-2006 Assistant Coach of the Year

-2009 Cherry Hill Youth South Jersey Champions

-During high school coaching career has coached 1-All American, 2 First Team All State and others who have gone on to play Division I and Division III Lacrosse

Roy Byrd

-Stevens University - Goalie

-Shawnee High School - Goalie

-Braveheart High School Goalie coach

Dylan Florig

-Washington and Lee University Class of 2014 - Goalie

-Eastern High School Goalie

-2010: First Team All-South Jersey, First Team All

-Conference, Set Eastern all-time and single-season saves records, Defensive team MVP, Team captain, Reached state semifinals

-2009: Second Team All-South Jersey, First Team All-Conference, Team captain, State quarterfinals

-2008: Honorable Mention All-South Jersey, Second-Team All-Conference, State quarterfinals

-2009: Braveheart Lacrosse Goalie

-2006-2008: All State Lacrosse Goalie