

2nd Grade Baseball

Deb Sam. XXX Evenings - 2 Hours
Clinic type instruction ending with games - NO PLAYOFFS

Outline of Baseball Player development

3rd step in the development of our baseball program.
Defensive skills should be the main focus, followed by hitting and baserunning
Continuing to understand the proper way to throw, catch and swing a bat.
Greater understanding the areas of the field & positions on the field.
Developing the skills to field and throw a ball to the right base.
Must keep enthusiasm for the game - make it fun.

Outline of Spring Season

Eight week season: 16 sessions

Season Starts: April xx, 2009

Season Ends: June xx, 2009

Evaluation station work for full timeframe for week # 1, then teams are made.
Each team runs their own practice - station work only for weeks # 2 - 3.
Regular games for weeks # 4 - 6 with the players/coaches pitching.
*Practice during week/games on weekends.
Regular games for weeks # 7 - 8 with the players pitching. *All Games.
Evaluations of each teams players are to be submitted from each coach
to the coordinator - rating the players as to their ability to field and catch
the ball, throw the ball, pitching, interest in catching and hitting skills.
The evaluations will help the summer Travel coaches in selecting the
teams.

Coordinators' responsibilities

In charge of making sure the grade guidelines are adhered to.
Determining the number of teams
Determining the head and assistant coaches for all teams
For the 1st week - half the coaches should evaluate and the other
half help at stations. Divide up the players by station based on their
last name.
The purpose of the evaluations is to help divide up the players, so each
team will have some A, B & C players. Players are not to be told which
level player they are.
Determining who will run each station - the more skilled/experienced/
knowledgeable about baseball, the better.

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Coaches' responsibilities

Call all players on the team concerning the start date, equipment, etc.
Wear your team shirt and hat - great team pride
Keep all players together at all times
Keep all players focused throughout the practice
Teach the players to respect the coaches and each other
Instill good listening skills
Position players in the fields - remind each player what to do for each batter - repetition is good.
Batting should be set by the numbers on their shirts - and reverse it too.
Calling all players in the event of bad weather

Training from SYBSA

Pre-season coaches training - TBD

Equipment

Bats, helmets and balls will be supplied by SYBSA in an equipment bag prior to the first practice.
The balls used are DDL2
Coaches must return all equipment at the end of the season - TBD

Uniforms

A team hat and shirt will be supplied for every player on the team.
A team hat and shirt will also be supplied for coaches.
They will be available prior to the start of the first practice date.
The hats will be a MLB team hat.
The shirts will have a sponsor name and will be numbered.
Any extra hats and shirts, please return to SYBSA.

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Rules / Terms / Concepts

More detailed concepts of baseball terms & rules should be introduced, covering at least the following:

As outlined at our coaches training:

Proper throwing

Fielding skills

Fundamental batting skills

Also:

Baserunning

Equipment care

During the games, using the following rules:

The main concept here is again developing defensive skills - but also learning to hit a ball from player. Also developing base running skills.

Players pitch

No walks

No strikeouts - but call the strikes so batters understand.

No bunting

No stealing

If a player is not able to hit a pitched ball after 6 pitches, quickly have their coach come in and throw to them.

The mound for 2nd grade should be 3' in front of the rubber.

After all players on a team bat the 1/2 inning is over.

Clear the bases after 3 outs, but continue to the next batter.

Weeks 7 & 8 are true games, 3 outs per side, finish within timeframe.

Coaches can and should be in the field helping the players as to were to move, field and throw. Should move to the sidelines as the weeks go by.

Move players around to all positions - but be mindful of who is playing first - for safety reasons.

Umpires

Umpires should be the coaches.

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Game Times/Cancellations

It is the coordinators responsibility to contact all coaches by 4PM the day of, if baseball is cancelled due to weather.

Field Preparation

None

2nd Grade Game Rules

We will be playing mock games and the purpose of the games is to teach the kids the skills of playing baseball in a situational setting. The emphasis should be on making the proper play and not scoring runs. The kids should not be encouraged to run rampant on the bases and time should be taken before and after each hit to make sure each player on the field understands his role on the play. The following are the rules for the games during the season and they will be slightly modified when kids begin pitching to kids:

The score will not be kept.

The team at bat will bat through the order before taking the field.

Balls and strikes will not be called, but coaches should instruct kids whether the pitch was a ball or a strike.

Outs will be counted; however, the team at bat will remain up even after three outs.

Upon reaching three outs the bases should be cleared of all runners.

Pitching Progression: Player pitches to each batter, if after 5 pitches the batter has not made contact, the coaches will pitch to their own team until contact is made.

At least one coach should be in the dugout at all times.

Each team should have a first and third base coach, if there are not enough coaches ask a parent to help.

There is no leading or base stealing.

After sufficient warning, players throwing the bat will be out.

Each team will field ten players on the field at a time including a pitcher, catcher (in full catcher's gear) and four outfielders.

Players on each team must receive equal playing time. This can be determined by carrying over time from one game to the next or substitutions can be made during an inning.

Kids should get equal playing time at all positions with the exception of first base and catcher. Only the kids that have the ability to catch should play first base. This is a safety issue.

Coaches will be allowed on the field and they should be positioned as such: 1 behind the pitcher, 1 off to the side of the catcher (for passed balls), 1 behind the second baseman and 1 behind the shortstop.

Coaches should instruct players where to throw the ball before each play.

On close plays the runner will be safe and there should be no arguments because scoring and outs are not important.

The parent pitching cannot make the fielding play.

During practices and games, each team should spend time practicing with their pitchers on the sideline.

All trash must be picked up in the dugouts after every game and practice.