



We are excited to introduce the inaugural season of the Haddam- Killingworth Youth Lacrosse program. Our program will join the fast growing youth lacrosse community and provide Haddam and Killingworth youths the opportunity to enjoy the exciting game of lacrosse.

Lacrosse originates from native North Americans and was used as a means of settling disputes among tribes, often with whole villages participating and “fields” of over a mile long. Modern day lacrosse continues to be a game of agility, endurance, and team work. It combines the quick foot work of sports like basketball, with the team play and tactics of football, and the hand/eye coordination of hockey and tennis. Youths participating in lacrosse programs develop, strengthen, and mature through the discipline of team play and individual skill development.

The Haddam Killingworth youth lacrosse program is being established on principles set forth by our governing body USLacrosse([www.USLacrosse.org](http://www.USLacrosse.org)). These principles include equitable playing time, sportsmanship, respect and treatment of officials and opposing team players. Youths will learn the technical aspects of playing lacrosse, the tactical aspects of team play and the rules of the game. Youths will be taught to play in a safe manner with all appropriate protective equipment.

Our 2010 season will include boys from grades 1st through 8th. Girls teams are planned for 2011. For details on meeting times, locations, and costs, as well as information on the game of youth lacrosse, please visit our website at [www.hkyouthlax.org](http://www.hkyouthlax.org). You may also email us at [info@hkyouthlax.org](mailto:info@hkyouthlax.org) with any questions that you may have or call 860-452-4163.

Coaches,  
Bill Burley and Mike Civiello

### **VOLUNTEERS NEEDED!**

Go to our website.

### **SPONSORS WANTED!!**

Please see our website for information on Sponsorship.

**[WWW.HKYOUTHLAX.ORG](http://WWW.HKYOUTHLAX.ORG)**