

Ashbee Travel Team Information/Expectations

- We will have a boot camp for all travel team players at Mr. Tee's in Conshohocken. Times for each age group on the dates are posted in the **calendar section** of the Ashbee Lacrosse website. Boot camp will be held OUTDOORS –weather permitting, but anticipate that it will be held outdoors and dress accordingly.
 - Three Sundays -February 21st, February 28th and March 6th
- **Any player who arrives at a boot camp session/practice/game without full gear, including shoulder pads, helmet, gloves, stick, mouthguard, and cup will not be permitted to participate. Players need to bring their own water bottle. Please ensure all items are marked with your child name.**
- The league that we play in is SEPYLA, which has tiered competition. Players will be evaluated at boot camp and through mid-March to determine the level team that they will be placed on.
- Criteria for team placement will be a combination of skills, attendance (including timeliness), effort, and proper balancing of positions between teams. The coaches reserve the right to move players up/down on teams during the season due to injury or lack of attendance.
- With regards to attendance, we are aware that at the 7/8th grade level that there are some conflicts due to the middle school teams. At the beginning of the middle school season, when we have those game schedules available, we will adjust the practice schedules to work around the game schedule as much as possible.
- Ashbee will not issue refunds to players once we have started boot camp sessions unless due to a documented injury.
- We will not be making any player cuts except for at the C level (3/4th grade). Players who are not selected for the C team will return to the House League. SEPYLA is still considering if it will have two levels of play at the C level, so please stand by.
- We have secured more access to the turf fields at the Shipley School campuses this year, and will begin practices the weekend of March 12th. Until the weather clears, all practices will be held either at the Shipley Farm Fields in Gladwyne, or at the Shipley Main School Campus in Bryn Mawr.
- Travel teams will practice two weekday evenings each week. During the preseason, we may add a third practice session, field space permitting. Practice schedules should be available in late February. Practices will generally start at 6:00 pm and will end at 7:45 pm, or dark, whichever is earlier. Weekend practice times will vary.
- There will be no practices/games March 20th -27th (spring break week).
- We do not have a game schedule yet, when it is available, we will post it. However, SEPLYA travel games are played almost exclusively on Saturdays or Sundays, and are in the Greater Philadelphia Area. So extensive, or weeknight travel will not be part of the program.
- **We continue to have serious issues with players not arriving on time for practices and games. All players should arrive early enough at practice to be on the field ready to go when practice starts. All players are to arrive dressed and ready to warm up 30 minutes before game time. Players who arrive late to games and practices will have their game time reduced.**