

## Ashbee Clinic Information/Expectations

- The goal of the Clinic Program is to introduce the boys to the time honored sport of lacrosse and instill basic solid lacrosse fundamentals in all of our players, as well as learning sportsmanship and having FUN!
- **Any player who arrives at a practice/clinic session without full gear, including pads, shoulder pads, helmet, stick, mouthguard, and cup will not be permitted to participate. Players should bring their own water bottles. All items should have your child's name on it.**
- This league is open to players in Kindergarten through 2<sup>nd</sup> grade.
- Head Coach Proud directly oversees the Clinic Program with assistance from High School Lacrosse Players.
- We are always looking for additional parent volunteers to assist with coaching! Please raise your hand! There are new state guidelines for those who will be coaching, this will be distributed separately.
- Clinics will be Friday nights from 6 pm to 7:15 pm and Sunday mornings from 10 am to 11:15 am. We anticipate that these will take place at Harriton High School.
- The first clinic session will be held on Friday, April 1<sup>st</sup> and continue every Sunday until May 22<sup>nd</sup>. We will have the clinic on Mother's Day.
- All Clinic players will wear the same uniform as our house and travel team players, our goal is for them to be able to keep these uniforms for three years regardless of whether or they are in the clinic, house league, or on a travel team.
- Ashbee will not issue refunds to players once we have started the season unless due to documented injury. Refunds for uniforms will not be issued.
- **The clinic program is a place where we hope to develop great habits for players/families as they grow through our lacrosse program. We are strongly emphasizing being on time, and showing up properly equipped to play. To that, all players should arrive early enough to be on the field ready to go when clinic starts.**