



## Parent Expectations and Commitment

In an effort to build a strong, well-respected organization in our community and within the Greater Houston Youth Lacrosse Association, Kingwood Youth Lacrosse has established the following expectations. We expect full cooperation, with our parents to be self-policing in all of the following areas.

1. I will remember that children participate to have fun and that the game is for youth, not adults.
2. I will inform the coach of any physical or mental disability or ailment that may affect the safety of my child or the safety of others.
3. I will learn the rules of the game and the policies of the league.
4. I (and my guests) will be a positive role model for my child and encourage good sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or sporting event.
5. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent. This would pertain to actions such as booing, taunting, refusing to shake hands, or using profane language or gestures.
6. I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
7. I will respect and follow the KYL Return to Play Program for concussions.
8. I will expect my child to play by the rules.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
10. I will praise my child for competing fairly and giving absolute best effort.
11. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
12. I will emphasize skill development and the importance of attending practice, academy (if required) and most importantly, developing skills outside of practice.
13. I will promote the emotional and physical well being of the athletes ahead of any personal desire I may have for my child to win.
14. I will respect the officials and their authority during games and will never question, discuss, or confront coaches during a game or practice; instead I will take time to speak with coaches at an agreed upon time and place.
15. I will refrain from posting or forwarding any disrespectful or harassing texts or email directed towards, the League, coaches, players or competitors through social media (including Facebook & Twitter) under either my name or by way of an on-line alias.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol, and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.
18. I understand the amount of playing time my child receives in games will be solely at the coach's discretion and will be based on (a) my child's skills, (b) dedication to training, (c) punctuality, and (d) attitude.

**I understand that playing time is not guaranteed.**

New Boys Uniform Policy:

- a. Wear only KYL issued uniform and team colors during games. (chin straps, undershirts and socks are to be White, Black, Navy or Columbia Blue)
- b. Helmets are preferably White and will only have league issued stickers and colors.

New Girls Uniform Policy:

- a. Tops - no visible undergarments showing. This includes sports bras and bra straps. For underneath pinnie and/or jersey (if needed in cold weather), please wear a white short sleeve t-shirt / white long sleeve t-shirt/white tank top (non spaghetti strap type).
- b. Bottoms - For fitted spanx shorts underneath skirts, they must be solid navy or black only.
- c. If your daughter's top under garments (bra or sports bra) does not show while wearing just the pinnie, they may wear – just the pinnie for their B Team uniform top. If your daughter's top under garments do show while wearing just the pinnie, they must wear a white t-shirt or undershirt of the non spaghetti strap variety under the pinnie. This means it cannot appear to be a bra underneath their razor back pinnie or jersey.

**VIOLATIONS (Player or Parent)**

1. Violations of the above policies will be determined through a discussion of and recommendation by the Kingwood Youth Lacrosse Board of Directors, Kingwood Youth Lacrosse Director of Instruction and appropriate Kingwood Youth Lacrosse Coach. A parent will have the opportunity to discuss with the coach and the KYL Board all of the facts involved in the violation before a decision is made regarding any possible disciplinary action that may be imposed (up to and including expulsion from the league).
2. If any player or parent is reprimanded by an official, representative of the other team or is asked to leave a game premises, the coach, sideline manager or league coordinator will report the incident to the KYL Lacrosse Board for review; which may result in disciplinary action, up to and including expulsion from the league.

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Parent Signature

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Print Name



## Player Expectations and Commitment

### **I will:**

1. Be the best that I can be at all times for my team, my family and myself.
2. Put forth a positive, “never quit” attitude.
3. Promise to work hard at practice, away from practice and at games to improve my lacrosse skills and my understanding of the game. I understand the amount of playing time I receive in games will be based on my skills, my dedication to training, my punctuality, and my attitude. I understand that playing time is not guaranteed.
4. Attend every game and academy session (if required) that I possibly can, arrive on time and I will inform the coach when I am unable to attend a game, academy session, or other team activity.
5. Demonstrate good sportsmanship at all times.
6. Conduct myself with class and dignity at all times, this includes home, school and on the field.
7. Respect all officials and accept their decisions without question.
8. Respect my coaches and team managers. When I have questions or disagree with a coach, I will question them respectfully in an effort to reach a common understanding.
9. Encourage and support my teammates at all times and refrain from criticism of any kind.
10. Immediately report any injury to my coach.
11. I will respect and follow the KYL Return to Play Program for concussions.
12. Learn and obey the rules of the game.
13. Refrain from disrespectful or harassing acts of texting and/or calling, including Facebook postings, Twitter updates or other social networking sites either under your name or an alias name under your use to any person or a team member.
14. Refrain from any form of physical violence, including bullying, harassing or other forms of physical aggression or property damage towards any person or team member.
15. Practice individual lacrosse skills on my own time at least 3-4 times per week.
16. Learn and abide by the rules, policies & procedures of my team and Kingwood Youth Lacrosse (including the uniform policy).

### **I will never:**

17. Engage in dissent towards an official, coach, team manager, teammate, or spectator.
18. Use profane or vulgar language.
19. Leave a game field or academy session without the coach’s permission.
20. Use drugs (unless prescribed for me by a doctor), tobacco products, or drink alcoholic beverages.

Kingwood Youth Lacrosse is committed to maintaining an environment for our players that is free of drugs and alcohol, and has zero tolerance towards destructive patterns of behavior. The club will take steps to address any related issues with the players and parents involved, as necessary.

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**Player Signature**

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**Print Name**