



January 23, 2013

Dear Gold Country Parent/Guardian,

Gold Country Lacrosse is currently implementing an innovative program for our athletes. This program will assist in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our athletes, we have acquired a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in “video-game” type format and takes about 15-20 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, the athlete’s physician may require the athlete to re-take the test. Both the preseason and post-injury test data is provided to the athlete’s physician to help the physician evaluate the injury. The test data will enable the treating health professionals to determine when return-to-play is appropriate and safe for the injured athlete.

We wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your player. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. Gold Country Lacrosse, the NCJLA, and US Lacrosse are striving to keep your child’s health and safety at the forefront of the lacrosse experience. Please have your player bring the attached consent form with the appropriate signatures. If you have any further questions regarding this program please feel free to contact Carole Pitre at carole.pitre@goskywest.com or 530 383-3208. You can also find more information about the ImPACT program on the following website: <http://impacttest.com/about/background>

Sincerely,

Carole Pitre
President, Gold Country Lacrosse
carole.pitre@goskywest.com
530.383.3208



Consent Form

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program.

Printed Name of Athlete _____

Sport _____

Athlete's Signature

Date

Parent / Guardian Signature

Date