

THE TRADITION



Invades Atlanta

Production Manager and Instructor
Liam Banks

- 1998 All American Ward Melville High School
- Suffolk County all time single season Point leader 172
- Number 6 all time in NY state single season points 172
- Number 8 all time in NY state single season assist 104
- U19 World Team 1999
- Led all scorers at 1999 U19 World Games with 16 goals and 16 assist in 6 games
- All World Team 1999
- 2X All American Syracuse University
- MVP 2000 National Championship (6 Goals 1 Assist)
- All Tournament team 2000
- University of Maryland Women's Assistant Coach 2006
- Former Member of the New Jersey Pride, San Fran Dragons (Captain) and Chicago Machine of Major League Lacrosse
- Head of Sports Marketing in the Southeast for Warrior and Brine Lacrosse
- Founder of LB3 Lacrosse Camps, Club Teams, Leagues and Training

June 15-17th; 9:30-2:30 (\$325)

***Edge Shooting/Goalie Clinic June 14th*

12-4 pm (\$100)

Questions please email RunNGun101@gmail.com

Register Now at SULACROSSECAMPS.COM

*Syracuse University Lacrosse
Presents*

Run & Gun 101



June (14) 15-17; 9:30-2:30pm**

Mill Springs Academy
13660 New Providence Road
Alpharetta, GA 30004-3413

****June 14th Individual Shooting and Goalie Clinic 12-4pm**

Camps are open for ages 7-18

Learning from the Best

John Desko, Head Men's Coach Syracuse University; 11 years experience Head Coach, 19 years as an Assistant Coach for the Orange.

In his first 11 years as the Head Men's Lacrosse Coach at Syracuse University, John Desko has blazed a trail of excellence that speaks for itself and distinguishes him as one of the most-respected coaches in the nation and the world. Throughout his tenure, he has maintained the winning tradition that is Orange lacrosse. Desko has Brought the Orange the NCAA championship trophy five times (2000, 2002, 2004, 2008, 2009), and has been instrumental in all 11 of Syracuse's National Championships. His legacy of achievement led to his selection as the USILA Division I Coach of the Year in 2008 and his being named the head coach of the 2006 US National Team.

Roy Simmons III, Director of Lacrosse Operations and former Assistant Coach Syracuse University; 20 years of dedication to Syracuse Lacrosse.

Tradition & dedication equate to a legend when it comes to Coach Simmons and Syracuse Lacrosse. 'Cuse Lacrosse runs far and deep for Simmons who's lineage goes all the way back to 1931 when his grandfather Roy Simmons Sr. took over as Head Coach for the Orange. Coach Simmons has been an integral part of a staggering 8 of the Orange's 11 National Championships and has developed countless All-Americans on both the offensive and defensive side of the field. His experience and dedication landed him a monumental promotion overseeing the entire lacrosse program as the Director of Lacrosse Operations at Syracuse University.

Jeremy DaRin, Offensive Coordinator Limestone College, Former Syracuse Assistant Coach; 10 years experience as both a Head and Assistant Coach.

Coach DaRin has built his experience through incredible dedication to the sport of lacrosse. DaRin's career began as the Head Coach responsible for the resurrection of the Central NY Junior College powerhouse Onondaga Community College. Since that time DaRin has assisted with improving every College program that he has been involved with. Under his tutelage, DaRin's teams have played in all but two post-season tournaments in his ten-year career. Under his watch DaRin has led two different programs to the USILA DIII and II "most goals per game average" at Oneonta State College and most recently with Limestone College. Along with his impressive post-season playoff tenure, DaRin has coached in 3 Final Four contests, two with Limestone College and in 2006 with Syracuse University.

CAMP INSTRUCTORS

Pat Perritt, 2x National Champion, Team Captain senior year.

- 2x National Champion, 2008 & 2009
- Career 53 goals and 21 Assists
- Member of the 2009 NCAA All-Tournament Team
- USILA Honorable Mention All-American

Joel White, Co-Captain & 2x National Champion

- USILA Honorable Mention All-American
- Member of the 2008 U.S. U19 Gold Medal Team

Stephen Keogh, 2x National Champion

- 2008 Minto Cup Champion
- 2009 USILA Honorable Mention All-American

Josh Amidon, 2x National Champion

- Member of the 2008 U.S. U19 Gold Medal Team

Jovan Miller, 2x National Champion

Mikey MacDonald, 2x National Champion

YOU ARE OUR #1 Priority!

The mission statement of the CNY Run & Gun Day Camp is to help young players develop the skills necessary to be successful in the sport of lacrosse, while also helping them to learn the fundamentals of the game. But most importantly, the purpose of the camp is to HAVE FUN!

Safe, fun and educational environment

Only the finest coaches, current and former players run our lacrosse camp and are excited to support the growth of lacrosse in the Atlanta area. Every day the staff provides outstanding instructional training followed by a daily game with emphasis on the skills learned that day. We are located in a secure environment at Mill Springs Academy in Alpharetta, GA. We have a direct drop off and pick up location or you are welcome to stay and watch all day!

Be a Part of the Tradition!!

Register now for the most dynamic training camp the Deep South has ever seen. Camp will be held from June 15-17th, registration fee is \$325...

****GET THE EDGE and register now for a one-day specialty clinic on June 14th for *individual work* with shooting and goaltending with the best in the game for only \$100!**

