



2016 Cougar Basketball Camp at Colts Neck High School Home of the 2016 Group 4 Central Jersey Champions

Sponsored by Colts Neck Parks & Recreation

Session 1 – June 27th to July 1st

Girls Only – Ages 7 to 14

9am to 2pm

Session 2 – July 11th to July 15th

Boys and Girls – Ages 7 to 14

9am to 3pm

Session 3 – July 18 to July 22nd

Boys & Girls – Ages 7 to 14

9am to 3pm

Lou Piccola, Camp Director: Coach Piccola was the Athletic Director at Xaverian High School for 15 years. He coached the Varsity Basketball Team for 16 years. His 1981 basketball team won the New York State Class A Championship in Glen Falls, New York. Five years later in 1986 his Clippers won the New York State Class B Championship. He was named “*Coach Of The Year*” four times by the New York Daily News and in 2013 by the Asbury Park Press. Coach Piccola has been the Head Basketball Coach at Colts Neck High School for the past 17 years. In 2012 the Cougars set a school record with 24 wins, captured their first Class-A Divisional Title, and were ranked No. 3 in the Shore Conference. Coach Piccola, in his 33 years of coaching, has won over 550 games. For the 12th consecutive year, the Cougars qualified for both the State and Shore Conference Tournaments. This year the Cougars had an impressive record of 23 wins and 5 losses winning the B North Championship and the Group 4 Central Jersey Championship.

Glen Jansen, Girls Head Basketball Coach: This year Coach Jansen will be conducting the Girls Basketball Camp under the direction of Coach Piccola. Coach Jansen coached the Freshmen Boys Basketball team for three years. In his first season, the Lady Cougars captured the Central Jersey Group IV State Championship. That same year they were also honored with the Gerry White Sportsmanship Award by Shore Board 194. This year’s team advanced to the quarterfinals of the Shore Conference tournament for the first time in 7 years. The Lady Cougars have amassed more than 50 victories in Coach Jansen’s first three seasons.

About the Camp: The primary emphasis of this camp will be on the development of fundamental skills through group and individual instruction and game experience. Instruction and drills in fundamentals will be accomplished daily through group lectures, small group drills and fundamental stations. All campers will be grouped according to age, physical maturity, previous experience and overall ability. A complete staff of high school coaches and high school players with previous camp coaching experience will conduct the scheduled sessions under the direction of Coach Piccola, as well as be available for individual assistance on a daily basis. Awards will be given to the winning team members, to most improved players, to contest winners and to outstanding campers in selected categories as selected by the staff.

Registration should be made as early as possible. Enrollment is limited to 150 applications per week to make effective use of the facilities. **Acceptance to the camp is confirmed via email.** Please provide your e-mail address on the application. If you have any questions, please e-mail coachlou295@live.com or call 732-577-9625.

WHY SELECT THE COUGAR BASKETBALL CAMP?

A Proven Winner - We feel our record indicates superior organization, effective player evaluation, proven individual skill development and a winning attitude and atmosphere. Don't those sound like the qualities you want in a camp for your child?

WHAT TO BRING

Campers should bring shorts, T-shirt, Athletic Socks, Sneakers a towel and a water bottle. All campers should have their names printed on all belongings. The Cougar Basketball Camp will not be responsible for loss of personal items.

Tuition Includes
 A Camp Shirt
 Camp Activities
 Trophies & Awards
 Guest Lectures

Lunch – Campers should bring their own lunch. Light snacks and drinks will be available daily.

Facilities – Two of the Finest Gyms with Five Full Courts

2016 SCHEDULE
Session 1 – 6/27-7/1
 Girls Ages 7 to 14
Session 2 – 7/11 to 7/15
 Boys & Girls Ages 7 to 14
Session 3 – 7/18 to 7/22
 Boys & Girls Ages 7 to 14



TYPICAL DAILY SCHEDULE

- 9:00 Attendance/Announcements
- 9:10 Stretch & Flex
- 9:20 Emphasis of the Day
- 9:30 Stations
- 10:15 Fundamentals
- 10:45 5-on-5
- 11:30 3-on-3/Hot Shot/Lunch
- 1:00 Lecture
- 1:30 Ball Handling/Passing
- 2:00 5-on-5 Games
- 2:30 Basketball Olympics
- 2:50 Individual Improvement
- 3:00 Departure

Fees	
Session 1	\$175
Session 2	\$190
Sessions 3	\$190
1 & 2 or 1 & 3	\$345
Sessions 2 & 3	\$355
All 3 Sessions	\$500

Early Sign-Up Bonus
 Send us your \$75.00 deposit by **May 1st** and we will reserve for your child a custom designed **Cougar Basketball Camp basketball for indoor or outdoor use.**

-----Cut Here-----

2016 Cougar Basketball Camp Application

Camper's Name _____ Age In July _____ Grade in Sept. _____

Parent's Name _____ E-Mail Address (**Required**) _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____ Work Phone _____

Emergency Contact's Name _____ Phone _____

Check Desired Session: Session 1 – June 27 to July 1 (Girls Only) Session 2 – July 11th to July 15th Session 3 – July 18 to July 22nd

A \$75.00 non-refundable deposit must accompany this application for each session. The balance is due the first day of camp. Please make all checks payable to Cougar Basketball Camp.

Mail all applications to: Mr. Lou Piccola, 295 Stirrup Drive, Freehold, NJ 07728

WAIVER

I do hereby waive, release and discharge the Cougar Basketball Camp, Colts Neck Recreation, Colts Neck High School, and the respective staff of and from any rights to claims for damages resulting from any injury to persons or property which may be sustained or suffered by my child in connection with his /her association with or participation in or arising out of his/her traveling to or from the Cougar Basketball Camp. I agree to the above waiver and release and join herein.

Parent/Guardian Signature: _____ Date _____

Name and address of a friend who would be interested in receiving a brochure: _____

