

What to Expect in LYLA Spring Lacrosse: FAQs

When does the season begin and end?

The season starts the week of **March 15**. (NOTE: U9 typically starts approximately 2 weeks later). We play outdoors in ALL weather and it can be quite cold in early Spring, so dress your child for the weather with hats, sweat pants, jackets, etc. as needed. Note that for girls there are no gloves required but it is recommended during the early Spring that they have some hand protection.

League games start the third week of April.

The season ends in early June, **approximately June 5** (though it may go longer to finish any makeup games).

What equipment does my child need to play?

Boys' U9-U15:

- Helmet
- Mouth Guard
- Gloves
- Stick
- Shoulder Pads
- Elbow pads
- Athletic Supporter
- Team shirt (see next FAQ)

Girls' U9-U15:

- Girls' Stick
- Goggles
- Mouth Guard (no strap allowed, must be colored not clear)
- Team Shirt (see next FAQ)
- Gloves (not required but recommended for cold weather)

Where do I get a uniform and what is required?

NOTE: You do not need to order a new uniform if you have one from last year that still fits your child! You only need to order a new uniform if you are new or your child has outgrown last year's uniform.

Each participant is required to have a team shirt. Shorts are also available to purchase but are not mandatory. The cost for shirts is \$24. Place your order by the end of March so that your shirt will be ready for first games in mid-April.

Shirts and shorts (and other LYLA sportswear) are available from EmbroidMe located in Londonderry in the Whippersnappers' plaza on Rte. 102. Let them know that you are playing for LYLA and let them know which level (U9, U11, etc.).

If you are a new player a number will be assigned to you. Let EmbroidMe know that you do not have a number and they will coordinate with Kevin Derhak to assign you one. You may request a number, but there is no guarantee that you will get that number.

For returning players, if you need a new team shirt let EmbroidMe know your current number.

- EmbroidMe
- 965-0158
- 44 Nashua Road. Londonderry, NH

What is the practice and game schedule?

Game schedules will not be available until mid-April. Often the schedules evolve week by week.

Typically, games start the third week of April.

Practice nights will be determined by coach and field availability. However, you can typically expect:

- U9 and U11 – practice 2 times per week.
- U13 and U15 – practice 3 times per week.

League games are generally on Sundays. There may also be games/scrimmages either before the start of the season or during the season.

Who do we play?

We play other towns in Southern New Hampshire including Derry, Nashua, Manchester, Amherst, Salem, Windham, Exeter, Hampton, etc. This may include West as far as Keene, East as far as Seacoast, and North as far as Laconia or Plymouth.

When will I know my child's team assignment and coach?

Team assignments are made within the first month, so by mid-April you should know which team your child is assigned to and who the coach is. At that point, the coach will let you know the planned practice and game schedule.

Contact information for your coach and LYLA are also available on our web site at www.londonderryjax.org.

How are team assignments made?

We often have multiple teams at each level, such as 2 or more U9 teams, U11 teams, etc.

U9 and U11 teams are randomly assigned (i.e., not by skill level).

U13 and U15 will have tryouts in early April to determine team placement.

Can I request my child play for a particular coach?

Speak to Kevin Derhak if you have a particular request for a coach (such as you want your child to play for the same coach they played for last year). Keep in mind that coaching positions and team assignments can change year to year, so we cannot always honor these requests.

Where will I find out about game schedules?

Game schedules will be posted online at: www.londonderrylax.org. You should also look there for directions to fields and any cancellation information. League games will start the third week of April.

Is there an End of Season event?

LYLA hosts an end-of-season pizza party in June at one of the Londonderry schools. Details will be provided in late May or early June.

Are there any tournaments?

The NH Youth Lacrosse Association (which governs LYLA) hosts an annual Lacrosse Tournament. This year the tournament will be hosted in Londonderry and will be held on Sat/Sun, June 12 and 13.