



Sequoia High School
1201 Brewster Ave.
Redwood City, CA 94062
Firehawks Hotline (415) 226-1136

Directions to Sequoia High School:

From Highway 101 (North or South), take the Whipple Avenue exit West towards Redwood City. Go 1/4 mile. Turn left at the light onto El Camino Real. Go 1/2 mile. Sequoia High School stadium is on the corner of El Camino and Broadway. Go past Broadway 1 block, and turn right onto James. Turn right into the school parking lot.

Additional Information:

- Bathrooms are between the stadium and grass field.
- **Absolutely no dogs, bikes or skateboards are permitted on school grounds.**
- No food is allowed on the artificial turf.
- ONLY WATER is allowed in the turf area. NO food on turf or track.
- In an effort to help the environment we encourage all teams to use re-fillable water bottles. When that is not, possible, please be responsible for picking up bottles and recycling.
- Please instruct your players to clean up the bench and surrounding area of all trash after their game.

Nearest hospitals (both within two miles):

- Sequoia Hospital, 170 Alameda De Las Pulgas, Redwood City (650) 369-5811
- Kaiser, 1150 Veterans Blvd., Redwood City, (650) 299-2000

Nearby:

Across the street from the high school is a shopping center (Sequoia Station). In this shopping center is a Long's Drug Store, Safeway, and many restaurant/dining options. If you need any lacrosse related items, Goetz Bros sporting goods on Broadway/El Camino (one block north east of the field) has full lacrosse and other sports equipment.