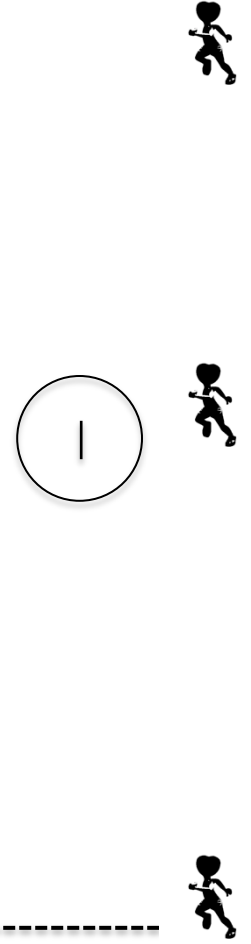
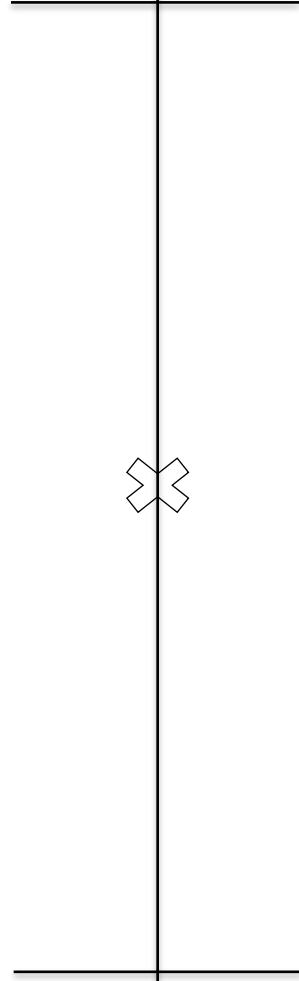
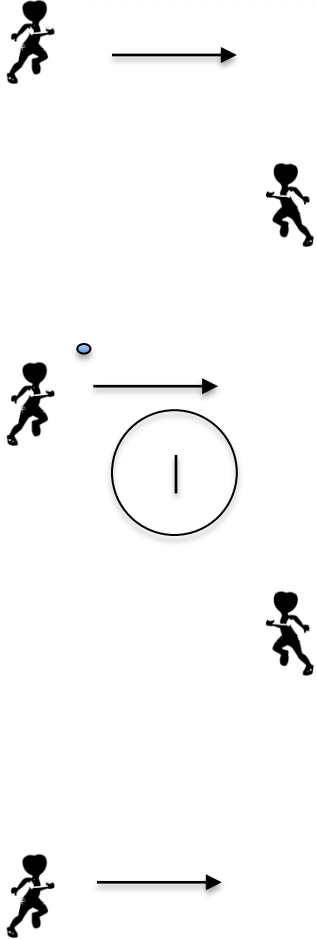


West Genny Drill



Starts with three lines behind each goal. To start the drill one team has a three on two, and run down the field with the ball. They try to score, after either scoring or dropping the ball the last player to touch the ball gets back in line then the two remaining players play defense. Then the two players who just played defense go to the back of the lines, and three new players bring the ball down, and try to score. The drill goes back and forth until someone reaches a preset number to win.