



NEWTOWN SOFTBALL

Softball Clinics

SKILLS DEVELOPMENT OPPORTUNITY



Throwing, Hitting, Fielding, and Game Skills

Who Should Attend:

Girls ages 5 and older who love the game and want to continue to play and prepare for the Spring Season, or even those for whom softball is something new. These clinics will stress the importance of sound mechanics and will teach the fundamental elements of the game. Our intention is to develop the self-confidence and the athleticism of all participants. The program is intended to be instructional, engaging, and fun!

Instruction provided by:

- Coach Rob Farmer, Newtown Softball's Player Development Coordinator, and his team of experienced softball instructors.

Format:

- Small age-group rotation among skills stations
- 20-25 minutes per Rotation
- Scrimmage games to be held on occasion

Where: Newtown Youth Academy - Turf Field

When:

- U6/U8 from 3:00-4:00 PM
November 2nd & 9th; December 7th
- U10, U12, & U14 from 4:00-6:00 PM
November 2nd, 9th, 16th & 23rd; December 7th

Cost:

U6 & U8: (3) sessions for \$50 (free to Newtown residents)
U10, U12, and U14: (5) sessions for \$125

Who is Coach Rob Farmer?

Coach Farmer is a highly experienced and well respected member of the fast pitch softball coaching community who has been coaching female athletes for over fourteen years. Throughout the past year, he has shown tremendous commitment to the Newtown 12U travel program and has earned the respect and admiration of the players and parents alike.

Furthermore, Coach Farmer's knowledge of the game and the strategy with which the game is played is highly impressive. Rob is known for his ability to connect with, and encourage, the girls in a calm yet confident manner. Coach Farmer is also known for developing the fundamental and game preparation skills necessary to achieve maximum athletic performance and results.

Pitching & Catching*

This is offered in addition to Throwing, Hitting, Fielding, and Game Skills.

***You must register for the Skills Clinic to participate in this program.**

Pitching & Catching will be from 3:00 - 4:00 PM on 11/2, 11/9, and 12/7 (prior to Skills Clinic).

Pitching

Windmill, Fastpitch Softball Pitching Instruction for U10, U12, and U14. Cost is \$30 for 3 week session.

Who Should Attend:

Players who have a desire to learn the proper mechanics and fundamentals of pitching.

Class Size: Limited to first 12 who sign up.

** Must supply own catcher. Pitchers will be separated into age / skill level appropriate groups. **

Catching

Fundamentals of Receiving Pitches, Throwing, Blocking and Footwork for U10, U12, and U14.

Cost is \$25 for 3 week session.

Who Should Attend:

Players should have some experience with catching in games and an understanding of the responsibilities of the catching position.

Class Size: Limited to first 6 who sign up.

** Must supply own catcher's gear or arrange in advance to borrow gear from Newtown Softball. **

Players cannot register for pitching/catching in the same session due to time constraints.

SAVE THE DATE:

Additional sessions will be offered
in January & February

Visit us at www.newtownsoftball.org to register