



NEWTOWN SOFTBALL

WINTER CLINICS

SKILLS DEVELOPMENT OPPORTUNITY



Throwing, Hitting, Fielding, and Game Skills

Who Should Attend:

Newtown girls, ages 5 and older, who love the game and want to continue to play and prepare for the Spring Season. These clinics will stress the importance of sound mechanics and will teach the fundamental elements of the game. Our intention is to develop the self-confidence and the athleticism of all participants. The program is intended to be instructional, engaging, and fun!

Instruction:

Provided by experienced Newtown Softball Instructors

When:

Saturdays: January 7 - February 25 from 7:00 - 9:00 PM

Format:

Small age-group rotation among skills stations
20-25 minutes per Rotation
Scrimmage games to be held on occasion

Where:

Danbury PAL - 35 Hayestown Road, Danbury, CT 06811

Cost:

(8) 2 hour sessions for \$100
(Compared to last year: (6) 1.5 hour sessions for \$100.
That's SEVEN additional instructional hours at last year's price.)

Pitching & Catching

Newtown Softball is pleased to provide pitching & catching workshops during the general skills clinic at no additional charge.

Pitching

Windmill, Fastpitch Softball Pitching Instruction.

Catching

Fundamentals of Receiving Pitches, Throwing, Blocking and Footwork.

Who Should Attend:

Players who have a desire to learn the proper mechanics and fundamentals of pitching. In order to be successful, practice during the week is highly recommended and indoor drills will be provided. Catcher provided should be someone who will work with the pitcher at home and also benefit from listening to the instruction being provided.

Instruction:

Provided by **experienced, competitive pitchers**

Class Size:

Limited to first 12 who sign up.
** Must supply own catcher. Pitchers will be separated into age / skill level appropriate groups. **

Who Should Attend:

This program is open to intermediate level players who have good throwing and catching skills. Players should have some experience with catching in games and an understanding of the responsibilities of the catching position.

Instruction:

Provided by **experienced Newtown Softball Instructors**

Class Size:

Limited to first 6 who sign up.
** Must supply own catcher's gear or arrange in advance to borrow gear from Newtown Softball. **

Visit us at www.newtownsoftball.org to register