

CONTACTS (AREA CODE 585)

Emergency911

League Information633-8WAA (8922)

League Safety Officers

Steve Duncan (13 & older) 645-2322

317 Hartsville Lane, 14580

Jody Nolan (12 & under)..... 670-9677

429 Marsdale Ct, 14580

Empire Field address, 2140 Empire Blvd

D'Amico field address, 605 Phillips Road

Board Members for Related Functions

Tom Bellucco (President)..... 820-8682

Al Dungey (VP)..... 797-3171

Mike Knapp (Player Agent)217-7082

Matt Hanel (Secretary)..... 217-8947

Don Barone (Treasurer)..... 347-4090

Ed Bechtold (Umpires)..... 737-5703

Jim Eckler (Equipment)..... 671-7729

Visit our website for a complete listing

New York District 4 Administrator

Ken Liesegang 315-1538

INCIDENT REPORTING

What to report: Any and all incidents involving anyone in attendance!

When to report: All reports must be filed within 48 hours of the incident to a League Safety Officer.

How to report: The coach on hand at the time of the incident must complete a page one of the *Accident Notification Form* and give or mail to a League Safety Officer ASAP! A signature of the player's parent

is required (or the signature of the injured person if an adult).

DANGEROUS WEATHER

Lightning: If **ANY** lightning is seen, the field must be cleared immediately and the games are over. All must go quickly to your cars. **DO NOT REMAIN IN THE DUGOUTS AND BLEACHERS.** Leave the fields.

*When you HEAR it - CLEAR it;
when you SEE it - FLEE it!*

Heat/Humidity: Drink 8 oz. of water immediately before exercise; at least 4 oz. every 20 minutes during the event; and 16 oz. for every pound of weight lost afterwards. Beverages containing small amounts of sodium and electrolytes are beneficial, but avoid those with caffeine or carbonation.

*When it's HOT,
Drink BEFORE you're thirsty!*

VOLUNTEER SCREENING

All volunteers must fill out Little League Baseball's *Volunteer Application Form* and provide a government-issued photo ID. WAA will screen all applicable volunteers against a national sex offender registry.

WAA

PO Box 826

Webster, NY 14580

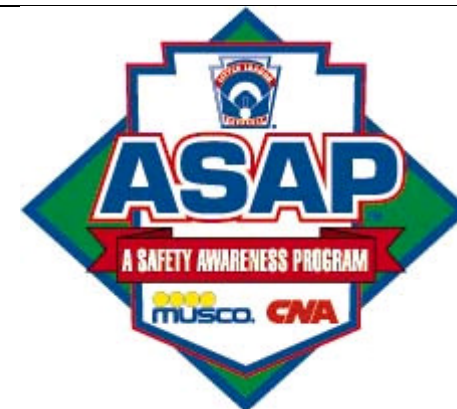
www.waabaseball.org

WEBSTER ATHLETIC ASSOCIATION

SAFETY MANUAL

2015 EDITION

BASIC PRACTICES
FOR USE BY ALL
LITTLE LEAGUE
BASEBALL
PARTICIPANTS



PLAYING IT SAFE: GUIDELINES TO ENJOY THE GAME WITHOUT INJURY

SCOPE

There are many participants in the sport of baseball - coaches, players, umpires, parents, and spectators. Others devote their talent and enthusiasm to organize our numerous leagues - commissioners, equipment managers, field supervisors, concession managers, and many more. Each adds uniquely to our experience.

Safety is integral to baseball, its rules, and the roles and responsibilities of each participant. This brochure introduces the basic elements of our safety program to enable routine use by all. Much additional guidance is available from a League Safety Officer upon request.

FIELDS

Pre-Use Inspection: Coaches and umpires must walk the field prior to each day's play to detect and correct any hazardous conditions. Check for:

- Playable infield, outfield, and fencing
- Secure bases and pitcher's rubber
- Lack of foreign objects and debris
- First-aid kit and phone availability
- Closed equipment boxes

Annual Facility Survey: League Safety Officers inventory key aspects of all facilities used for WAA events on Little League Baseball's *National Facility Survey* prior to each season.

Facility Improvements: WAA resources are routinely devoted to enhance our playing facilities over time. Current and proposed projects are prioritized and tracked at the monthly meeting of the Board of Directors and its subcommittees per the direction of the WAA President.

EQUIPMENT

Pre-Use Inspection: Coaches and players must examine all equipment on hand prior to each day's play to detect, repair, or replace any damaged items. Promptly return unusable equipment to WAA's Equipment Manager to be destroyed. Check for:

- Operational catcher's gear, including throat protector and glove, which is properly adjusted to the individual
- Regulation size bats and snug-fitting helmets without cracks and dents
- Damaged or water-logged baseballs

Annual Equipment Refurbishment: Our Equipment Managers inventory, repair, and replace obsolete items between seasons as needed to ensure timely availability according to league requirements.

Equipment Upgrades: Supplemental equipment is routinely purchased on a trial basis according to evolving technology and

standards. Current and proposed projects are prioritized and tracked at the monthly meeting of the Board of Directors and its subcommittees per the direction of the WAA President.

RULES

Coaches and umpires must consistently apply all baseball rules, including:

- Batters and runners wear helmets
- No bat-swinging "on deck"
- Play ends before darkness
- Catchers must wear a helmet and dangling-style throat protector any time they are catching for a pitcher. They must wear full equipment (including a cup for males) whenever they are behind a batter.
- Adults may not catch a pitcher

CONCESSIONS

Operation: Managers supervise equipment use per Little League Baseball's guidelines for safe and sanitary food services.

Inspection: Meet all applicable regulations.

TRAINING

Playing Skills: Coaches must attend our pre-season clinics that emphasize the skills relevant to those in their league.

First Aid: Coaches must receive our annual emergency management awareness training. Umpires are also encouraged to do so.