



Winter Preseason Clinics for Milton Youth Lacrosse

Get the special attention you need to take your game to the next level this Spring! Join us for custom clinics designed to get Milton Youth Lacrosse players ready for the 2015 season.

Groups will be split by age for each session (WeeLax ages 4-7, Grades 1/2, 3/4, 5/6, and 7/8). Maximum number of 60 participants is per session. There will be separate coaches for boys and girls.

Clinics Include:

Face off and Draw techniques, Shooting Drills, Off Ball Movement, Offensive Sets, Stick Handling Skills, Speed & Agility, 3 vs 3 Games, Endurance Training

Location: Marina Bay Sports Complex
260 Marina Bay Quincy, MA

Dates: Wednesdays: Jan 7 to Mar 11
Thursdays: Jan 8 to Mar 12

Hours: 4:30 PM - 5:30 PM

Cost: \$250 for 10 sessions
\$125 for 5 sessions
\$30 for drop in

Register for your preferred days (either Wednesdays, Thursdays or both days). If you have a conflict on a particular day for your originally registered session, we will accommodate changes/make-up sessions to the extent possible to meet the needs of busy families.

Payments can be made online at <https://croart.sportngin.com/register/form/870105407>

(note: transaction fee for online payments) Credit cards accepted include: Visa, Mastercard and Discover. For more information call 617.592.7732 or email: registration@croartsports.com